

| Pl | tno | Name | B | Club | Time |
|--------------------|-----|--------------------------|----|----------------------------|-------|
| 3 Km (26) | | | | | |
| 3,0 km 18 C | | | | | |
| 1 | 15 | Damiano Luzzi | 94 | olv MINOR MINOR | 15:50 |
| 2 | 19 | Roelof Posthouwer | | olv MINOR MINOR | 16:10 |
| 3 | 16 | Sonja MÅrsky | | Keuruun Kisailij Keuruun | 16:49 |
| 4 | 14 | Ralph Kurt | | KOVZ KOVZ | 17:42 |
| 5 | 28 | Sonny Wessels | 87 | Argus Argus | 17:45 |
| 6 | 11 | Klaas Jan Hofstra | | HOC'93 HOC'93 | 18:14 |
| 7 | 21 | Gerrit Van De Riet | 56 | OLifant OLifant | 18:22 |
| 8 | 17 | Luc Melis | 61 | hamok hamok | 18:37 |
| 9 | 13 | Marijke Klaassen | 77 | HOC'93 HOC'93 | 19:12 |
| 10 | 9 | Maksim Golov | 68 | olv MINOR MINOR | 19:14 |
| 11 | 12 | Steven Jochems | 64 | KOVZ KOVZ | 19:23 |
| 12 | 23 | Arie Willem Van Den Berg | 61 | olv MINOR MINOR | 20:06 |
| 13 | 26 | Martin Van Der Korf | | Argus Argus | 22:40 |
| 14 | 4 | Elvin Alders-stel | | OLifant OLifant | 23:52 |
| 15 | 10 | Iris Eggels | 88 | Argus Argus | 24:28 |
| 16 | 29 | Don Willems | 72 | KOVZ KOVZ | 25:04 |
| 17 | 18 | Greta Mols | 63 | hamok hamok | 25:05 |
| 18 | 6 | Leonard de Mol-Otterloo | | Individuals/No c Individua | 25:14 |
| 19 | 8 | Evelien De Weert | 93 | olv MINOR MINOR | 25:32 |
| 20 | 7 | Jules De Vrijer | 90 | Individuals/No c Individua | 26:03 |
| 21 | 20 | Dunja Van De Riet | | OLifant OLifant | 27:42 |
| 22 | 25 | Robert Van Der Hulst | 59 | olv MINOR MINOR | 29:01 |
| | 22 | Masja van de Ven | 66 | KOVZ KOVZ | mp |
| | 24 | Geert Van Der Hulst | | olv MINOR MINOR | mp |
| | 5 | Tjitske Breimer | 82 | HOC'93 HOC'93 | mp |
| | 27 | Ton Vlasveld | 64 | olv MINOR MINOR | mp |
| 2 Km (4) | | | | | |
| 2,0 km 12 C | | | | | |
| 1 | 3 | Else van den Berg | | Individuals/No c Individua | 17:06 |
| 2 | 2 | Edwin Boerkamp | | Individuals/No c Individua | 18:23 |
| 3 | 1 | Birgitta Verbeek | | olv MINOR MINOR | 18:24 |
| 4 | 30 | Emma Posthouwer | | olv MINOR MINOR | 26:13 |