

| Pl              | tno | Name                     | B Club              | Time    |
|-----------------|-----|--------------------------|---------------------|---------|
| <b>H21 (8)</b>  |     |                          | <b>11,3 km 35 C</b> |         |
| 1               | 10  | Sonny Wessels            | ARGUS               | 1:40:04 |
| 2               | 3   | Edo Elzenga              | HOC93               | 1:46:34 |
| 3               | 8   | Roelof Posthouwer        | MINOR               | 1:47:02 |
| 4               | 9   | Jeroen Vochteloo         | HOC93               | 1:57:59 |
| 5               | 2   | Marijn Edelenbosch       | HOC93               | 2:13:12 |
| 6               | 4   | Ronald Hendriks          | MINOR               | 2:15:26 |
|                 | 7   | Herman Mooij             | ARGUS               | dnf     |
|                 | 6   | Roel Lambers             | Geen/Overig         | dnf     |
| <b>H35 (1)</b>  |     |                          | <b>11,3 km 35 C</b> |         |
|                 | 11  | Andrii Degeler           | Geen/Overig         | dns     |
| <b>H20 (1)</b>  |     |                          | <b>8,0 km 21 C</b>  |         |
| 1               | 12  | Geert van der Hulst      | MINOR               | 1:22:35 |
| <b>H40 (5)</b>  |     |                          | <b>8,0 km 21 C</b>  |         |
| 1               | 15  | Ruud van Gorp            | Olifant             | 1:26:34 |
| 2               | 14  | Maksim Golov             | MINOR               | 1:27:56 |
| 3               | 42  | Henk Snijders            | Geen/Overig         | 1:31:10 |
|                 | 16  | Jona Vecht               | HOC93               | mp      |
|                 | 13  | Rene Bloemberg           | HOC93               | mp      |
| <b>H18 (2)</b>  |     |                          | <b>5,9 km 20 C</b>  |         |
| 1               | 20  | Joost Zeilstra           | Geen/Overig         | 1:20:06 |
|                 | 19  | Joel Leistra             | KOVZ                | dns     |
| <b>H50 (9)</b>  |     |                          | <b>5,9 km 20 C</b>  |         |
| 1               | 26  | Clemens Roos             | HOC93               | 43:01   |
| 2               | 27  | Joep Teeuwisse           | HOC93               | 52:18   |
| 3               | 25  | Espen Fyhn Nilsen        | Geen/Overig         | 56:38   |
| 4               | 29  | Simon Wouda              | HOC93               | 1:19:45 |
| nc              | 28  | Thomas Venema            | MINOR               | 55:36   |
| nc              | 24  | Namke Molmans            | Geen/Overig         | 1:28:12 |
| nc              | 18  | Bjorn Dinse              | HOC93               | 1:50:39 |
| nc              | 23  | Friso Martens            | Geen/Overig         | 2:57:24 |
| nc              | 21  | Brend Dikkers            | Geen/Overig         | 2:57:28 |
| <b>H55 (4)</b>  |     |                          | <b>5,9 km 20 C</b>  |         |
| 1               | 32  | Arie Willem Van den berg | MINOR               | 52:22   |
| 2               | 33  | Pim Van der Wijk         | Olifant             | 57:44   |
| 3               | 31  | Steven Jochems           | KOVZ                | 58:42   |
|                 | 30  | Klaas Jan Hofstra        | HOC93               | mp      |
| <b>H60 (11)</b> |     |                          | <b>4,6 km 16 C</b>  |         |
| 1               | 35  | Anne Heikoop             | HOC93               | 43:43   |
| 2               | 39  | Simon.P. Nijenhuis       | MINOR               | 46:01   |
| 3               | 38  | Bert Molenaar            | HOC93               | 1:08:34 |

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| <b>H60 (11)</b> |     |                        | <b>4,6 km</b> | <b>16 C</b> | <i>(cont.)</i> |
| 4               | 44  | Robert van der Hulst   |               | MINOR       | 1:23:43        |
| nc              | 37  | Evert Koning           |               | HOC93       | 1:07:17        |
| nc              | 36  | Wout Hennipman         |               | HOC93       | 1:07:18        |
| nc              | 41  | Kees Rens              |               | HOC93       | 1:18:33        |
| nc              | 1   | Jelmer Bot             |               | Geen/Overig | 1:20:34        |
| nc              | 45  | Albert van Loenen      |               | HOC93       | 1:26:02        |
| nc              | 46  | Olaf van Werven        |               | ARGUS       | 1:30:32        |
| nc              | 43  | Ton van Amerongen      |               | HOC93       | 1:36:26        |
| <b>H65 (7)</b>  |     |                        | <b>4,6 km</b> | <b>16 C</b> |                |
| 1               | 51  | Gerrit van de Riet     |               | Olifant     | 38:54          |
| 2               | 47  | Peter Foppen           |               | MINOR       | 40:49          |
| 3               | 34  | Klaas de Jong          |               | HOC93       | 45:02          |
| 4               | 40  | Rink Post              |               | HOC93       | 57:18          |
| 5               | 48  | Ferdinand Hanses       |               | Geen/Overig | 58:59          |
| 6               | 50  | Karl Heinz Seefeld     |               | Geen/Overig | 1:13:56        |
| 7               | 49  | Jaap Hijma             |               | HOC93       | 1:30:28        |
| <b>H70 (1)</b>  |     |                        | <b>4,6 km</b> | <b>16 C</b> |                |
|                 | 52  | Peter Pince van der Aa |               | MINOR       | mp             |
| <b>H75 (2)</b>  |     |                        | <b>4,6 km</b> | <b>16 C</b> |                |
| 1               | 55  | Dirk Zwikker           |               | ARGUS       | 50:19          |
| 2               | 54  | Mike in t Groen        |               | KOVZ        | 50:29          |
| <b>H80 (1)</b>  |     |                        | <b>3,3 km</b> | <b>13 C</b> |                |
| nc              | 53  | Kees Geers             |               | ARGUS       | 44:00          |
| <b>H14 (2)</b>  |     |                        | <b>4,4 km</b> | <b>15 C</b> |                |
| 1               | 56  | Julian Stijkel         |               | ARGUS       | 49:13          |
| nc              | 117 | Ronald Roos            |               | HOC93       | 1:16:11        |
| <b>H12 (1)</b>  |     |                        | <b>2,8 km</b> | <b>12 C</b> |                |
| 1               | 58  | Bram Blazis            |               | Geen/Overig | 51:04          |
| <b>H10 (5)</b>  |     |                        | <b>2,8 km</b> | <b>12 C</b> |                |
| 1               | 61  | Renze Kootstra         |               | HOC93       | 57:58          |
| 2               | 63  | Lieuwe Van der Veldt   |               | Geen/Overig | 1:48:40        |
| 3               | 62  | Freek Van der Veldt    |               | Geen/Overig | 1:48:41        |
| nc              | 59  | Dick Fijlstra          |               | HOC93       | 57:17          |
| nc              | 60  | Freddie Kootstra       |               | HOC93       | dns            |
| <b>HB (6)</b>   |     |                        | <b>4,4 km</b> | <b>15 C</b> |                |
| 1               | 69  | Erik Deenen            |               | Geen/Overig | 50:54          |
| 2               | 17  | Erik Vogelaar          |               | Geen/Overig | 58:13          |
| 3               | 57  | Dankert Vogelaar       |               | Geen/Overig | 58:14          |
| 4               | 72  | Ton Schripsema         |               | Geen/Overig | 1:19:39        |

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| <b>HB (6)</b>   |     |                     | <b>4,4 km</b> | <b>15 C</b> | (cont.) |
| 5               | 71  | Stephan Schripsema  |               | Geen/Overig | 1:19:42 |
|                 | 70  | Alnout Koedijk      |               | Geen/Overig | dns     |
| <b>D21 (5)</b>  |     |                     | <b>8,0 km</b> | <b>21 C</b> |         |
| 1               | 68  | Tjitske Breimer     |               | HOC93       | 1:13:22 |
| 2               | 76  | Liset van der Hulst |               | MINOR       | 1:30:57 |
| 3               | 74  | Kim Plantagie       |               | HOC93       | 1:42:55 |
| 4               | 75  | Anne van den Berg   |               | HOC93       | 1:47:50 |
| 5               | 65  | Marjon Baas         |               | MINOR       | 2:22:05 |
| <b>D35 (3)</b>  |     |                     | <b>5,9 km</b> | <b>20 C</b> |         |
| 1               | 79  | Sandra Wezenberg    |               | Geen/Overig | 1:29:27 |
| nc              | 22  | Jildou Dikkers      |               | Geen/Overig | 1:20:01 |
| nc              | 78  | Pietsje Sinnema     |               | Geen/Overig | 2:57:48 |
| <b>D40 (1)</b>  |     |                     | <b>5,9 km</b> | <b>20 C</b> |         |
| 1               | 80  | Inge Huisman        |               | MINOR       | 1:30:11 |
| <b>D45 (3)</b>  |     |                     | <b>5,9 km</b> | <b>20 C</b> |         |
| 1               | 83  | Olga Zwikker        |               | ARGUS       | 1:11:11 |
| 2               | 81  | Majken Juul Jensen  |               | HOC93       | 1:13:53 |
|                 | 82  | Lisa Leistra        |               | KOVZ        | dns     |
| <b>D16 (2)</b>  |     |                     | <b>4,6 km</b> | <b>16 C</b> |         |
| 1               | 85  | Marit Zwikker       |               | ARGUS       | 50:11   |
|                 | 84  | Anke Kootstra       |               | HOC93       | dns     |
| <b>D50 (11)</b> |     |                     | <b>4,6 km</b> | <b>16 C</b> |         |
| 1               | 86  | Hillegonde de Niet  |               | HOC93       | 58:09   |
| 2               | 88  | Martine Hoeksma     |               | Olifant     | 1:36:15 |
| nc              | 77  | Viktoriya Degeler   |               | Geen/Overig | 1:06:44 |
| nc              | 67  | Astrid Bieger       |               | Geen/Overig | 1:13:27 |
| nc              | 64  | Wendy Afman         |               | HOC93       | 1:17:08 |
| nc              | 89  | Femke Snijders      |               | Geen/Overig | 1:17:45 |
| nc              | 116 | Anna Golova         |               | Geen/Overig | 1:18:41 |
| nc              | 87  | Iris Eggels         |               | ARGUS       | 1:40:00 |
| nc              | 66  | Emma Barnert        |               | Geen/Overig | 1:40:37 |
| nc              | 73  | Jet Dijkhuis        |               | Geen/Overig | 1:40:39 |
|                 | 90  | Linda Wols          |               | HOC93       | dns     |
| <b>D55 (5)</b>  |     |                     | <b>4,6 km</b> | <b>16 C</b> |         |
| 1               | 95  | Masja van de Ven    |               | KOVZ        | 52:18   |
| 2               | 93  | Lina Jasulaityte    |               | Olifant     | 52:50   |
| 3               | 92  | Ulrike Korff        |               | Geen/Overig | 55:29   |
| nc              | 96  | Sonja van Loenen    |               | HOC93       | 1:26:17 |
|                 | 94  | Dunja van de Riet   |               | Olifant     | dns     |

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| <b>D60 (2)</b> |     |                    | <b>4,6 km 16 C</b> |         |
| 1              | 97  | Joke Molenaar      | HOC93              | 1:11:04 |
| 2              | 99  | Monique van Loon   | MINOR              | 1:23:38 |
| <b>D65 (1)</b> |     |                    | <b>4,6 km 16 C</b> |         |
| nc             | 100 | Jenny Fijlstra     | HOC93              | 1:36:21 |
| <b>D70 (4)</b> |     |                    | <b>3,3 km 13 C</b> |         |
| 1              | 103 | Christa Zwikker    | ARGUS              | 47:22   |
| 2              | 102 | Monica Roeling     | KOVZ               | 57:34   |
| 3              | 101 | Dicky Mooij        | ARGUS              | 1:22:25 |
| nc             | 98  | Katinka Mulder     | ARGUS              | 43:41   |
| <b>D14 (2)</b> |     |                    | <b>4,4 km 15 C</b> |         |
| 1              | 107 | Elin Zwikker       | ARGUS              | 46:20   |
|                | 106 | Marije Kootstra    | HOC93              | dnf     |
| <b>D12 (1)</b> |     |                    | <b>2,8 km 12 C</b> |         |
| nc             | 104 | Willeke Blazis     | Geen/Overig        | 51:07   |
| <b>D10 (1)</b> |     |                    | <b>2,8 km 12 C</b> |         |
| 1              | 110 | Tessa Fijlstra     | Geen/Overig        | 57:28   |
| <b>DB (9)</b>  |     |                    | <b>4,4 km 15 C</b> |         |
| 1              | 112 | Ineke Ligthart     | Geen/Overig        | 50:52   |
| 2              | 105 | Jenny Kootstra     | HOC93              | 54:05   |
| 3              | 91  | Hedwig de Jong     | HOC93              | 1:00:04 |
| 4              | 108 | Betty Brouwer      | Geen/Overig        | 1:02:14 |
| 5              | 115 | Claire Visee       | Geen/Overig        | 1:02:16 |
| 6              | 111 | Thea Douma         | HOC93              | 1:47:08 |
| 7              | 109 | Mattie De Boer     | HOC93              | 1:47:13 |
|                | 114 | Juanita Schanssema | Geen/Overig        | dns     |
|                | 113 | Josette Rooth      | Geen/Overig        | dns     |