

| Nationale Competitie 2e wedstrijd | | | Distelberg | 9-apr | | |
|-----------------------------------|------------------------------|--------------------|--------------------|-------|---------------|--|
| Route 6 | Dames Pupillen | 3,00 km | (D10,D12) | | | |
| 1 | x075 Greet van der Mijden | D ind. | 0:37:06 | 12:22 | 1000 | |
| 2 | x076 Nina van der Mijden | D10 ind. | 0:47:06 | 15:42 | 788 | |
| 3 | x039 Sylvia Verbeek | D10 ind. | 0:54:12 | 18:04 | 685 | |
| 4 | x032 Dana te Lindert | D ind. | 1:22:05 | 27:22 | 452 | |
| 5 | x078 Nelly Kurt | D10 ind. | 1:35:19 | 31:46 | 389 | |
| 6 | x079 Wiebke Kurt | D10 ind. | 1:35:19 | 31:46 | 389 | |
| Route 5 | Dames Aspiranten | 4,50 Easy | (D14) | | | |
| 1 | | | | | | |
| Route 4 | Dames Veteranen B | 4,50 km | (D50+) | | | |
| 1 | 167 Christa Zwikker | D55 ARGUS | 0:51:03 | 11:21 | 1000 | |
| 2 | x011 Larisse Rand | D21 OLifant | 0:58:55 | 13:06 | 866 bm | |
| 3 | 166 Olga Heimens | D21 ARGUS | 1:00:56 | 13:32 | 838 bm | |
| 4 | 157 Dorine de Vries - Sala | D40 MINOR | 1:11:37 | 15:55 | 713 bm | |
| Route 3 | Dames Junioren | 6,50 km | (D16,D18) | | | |
| 1 | | | | | | |
| Route 3 | Dames Veteranen A | 6,50 km | (D35,40,45) | | | |
| 1 | 444 Anita Foppen | D35 MINOR | 1:13:05 | 11:15 | 1000 | |
| 2 | 258 Joke Molenaar | D45 HOC '93 | 1:15:57 | 11:41 | 962 | |
| 3 | 73 Natascha Kuijken | D21 MINOR | 1:44:48 | 16:07 | 697 bm | |
| Route 2 | Dames Senioren | 8,00 km | (D20,D21) | | | |
| 1 | 382 Manon Mensink | D21 ARGUS | 0:59:03 | 07:23 | 1000 | |
| 2 | 173 Sadie Zwikker | D21 ARGUS | 1:08:02 | 08:30 | 868 | |
| 3 | 218 Lieke van Opstal | D21 KOVZ | 1:10:22 | 08:48 | 839 | |
| 4 | 180 Birgitta Verbeek - van M | D40 MINOR | 1:28:46 | 11:06 | 665 | |
| | 439 Dunja van de Riet | D35 OLIFANT | org. | | | |

| | | | | | | |
|--|------|----------------------|-------------|---------|-------|--------|
| Route 6 Heren Pupillen 3,00 km (H10,H12) | | | | | | |
| 1 | x074 | Stijn van der Mijden | H12 ind. | 0:37:06 | 12:22 | (1129) |
| 2 | 122 | Ronald Roos | H35 HOC '93 | 0:41:54 | 13:58 | 1000 |
| 3 | x077 | Luuk Alards | H10 ind. | 0:44:59 | 15:00 | 931 |
| 4 | x040 | Timo Verbeek | H10 ind. | 0:54:12 | 18:04 | 773 |
| 5 | x033 | Mark te Lindert | H ind. | 1:22:05 | 27:22 | 510 |
| Route 5 Heren Aspiranten 4,50 Easy (H14) | | | | | | |
| 1 | | | | | | |
| Route 4 Heren Veteranen C 4,50 km (H60+) | | | | | | |
| 1 | 156 | Frans Vos | H70 ARGUS | 0:43:51 | 09:45 | 1000 |
| 2 | 47 | Jacob Haklander | H70 MINOR | 0:53:32 | 11:54 | 819 |
| Route 3 Heren Junioren 6,50 km (H16,H18) | | | | | | |
| 1 | | | | | | |
| Route 3 Heren Veteranen B 6,50 km (H50,H55) | | | | | | |
| 1 | 98 | Karst Mooy | H55 ARGUS | 0:57:06 | 08:47 | 1000 |
| 2 | 41 | Peter Foppen | H50 MINOR | 0:57:16 | 08:49 | 997 |
| 3 | 475 | Giel Pardoeel | H50 KOVZ | 1:00:07 | 09:15 | 950 |
| 4 | 168 | Dirk Zwikker | H60 ARGUS | 1:00:36 | 09:19 | 942 |
| 5 | 102 | Alfred Newerla | H55 UZO | 1:00:56 | 09:22 | 937 |
| 6 | 374 | Frank Mersink | H60 MINOR | 1:03:58 | 09:50 | 893 |
| 7 | 143 | Ton de Vaan | H55 UZO | 1:04:13 | 09:53 | 889 |
| 8 | 123 | Felix Slezak | H55 MINOR | 1:10:23 | 10:50 | 811 |
| 9 | 11 | David Rossiter | H55 ARGUS | 1:11:47 | 11:03 | 795 |
| 10 | x072 | Robert Dammer | H ind. | 2:25:56 | 22:27 | 391 bm |
| 11 | x073 | Pa Dammer | H ind. | 2:25:56 | 22:27 | 391 bm |
| 12 | 62 | Frank Heimens | H35 ARGUS | Disk | | 50 bm |
| Route 2 Heren Veteranen A 8,00 km (H40,H45) | | | | | | |
| 1 | 171 | Derk de Vries | H45 MINOR | 0:54:35 | 06:49 | 1000 |
| 2 | 53 | Anne Heikoop | H45 UZO | 0:58:45 | 07:21 | 929 |
| 3 | 186 | Peter Rumlér | H45 UZO | 0:59:57 | 07:30 | 910 |
| 4 | 399 | Peter Voemans | H40 KOVZ | 1:09:09 | 08:39 | 789 |
| 5 | 82 | Johan van Eiten | H45 ARGUS | 1:09:24 | 08:41 | 787 |
| 6 | 456 | John Lonsdale | H40 HOC '93 | 1:10:02 | 08:45 | 779 |
| 7 | 209 | Simon Nijenhuis | H45 MINOR | 1:16:51 | 09:36 | 710 |
| 8 | 42 | Albert te Lindert | H40 MINOR | 1:17:07 | 09:38 | 708 |
| 9 | 307 | Wim Koolhoven | H45 ARGUS | 1:18:59 | 09:52 | 691 |
| 10 | 257 | Bert Molenaar | H45 HOC '93 | 1:29:25 | 11:11 | 610 |
| 11 | 12 | Jan van Ree | H45 ARGUS | 1:52:03 | 14:00 | 487 |
| 12 | x068 | Mustafa Gokmen | H ind. | 2:08:55 | 16:07 | 423 bm |
| Route 1 Heren Senioren 11,0 km (H20,21,35) | | | | | | |
| 1 | 120 | Clemens Roos | H21 HOC '93 | 1:07:09 | 06:06 | 1000 |
| 2 | 474 | Marco Mersink | H35 KOVZ | 1:09:08 | 06:17 | 971 |
| 3 | 215 | Adrie van Opstal | H50 KOVZ | 1:11:35 | 06:30 | 938 |
| 4 | 74 | Patrick Kuijken | H21 MINOR | 1:11:39 | 06:31 | 937 |
| 5 | 432 | Michel van Dongen | H21 OLIFANT | 1:12:48 | 06:37 | 922 |
| 6 | 203 | Lucien Baert | H45 KOVZ | 1:18:17 | 07:07 | 858 |
| 7 | 148 | Wouter Foppen | H18 MINOR | 1:20:12 | 07:17 | 837 |
| 8 | 51 | Mark Heikoop | H40 OLIFANT | 1:22:48 | 07:32 | 811 |
| 9 | 147 | Niels Peter Foppen | H21 MINOR | 1:23:04 | 07:33 | 808 |
| 10 | 396 | Ralph Kurt | H21 KOVZ | 1:24:23 | 07:40 | 796 |
| 11 | 19 | Heman Elfrink | H45 MINOR | 1:31:41 | 08:20 | 732 |
| 12 | 114 | Richard Renkers | H55 UZO | 1:32:09 | 08:23 | 729 |
| 13 | 95 | Heman Mooy | H21 ARGUS | 1:33:25 | 08:30 | 719 |
| 14 | 265 | Eelco Muller | H35 AMOR | 1:38:17 | 08:56 | 683 |
| 15 | 282 | John Graafmans | H35 KOVZ | Disk | | 50 |
| 16 | x071 | Pim van den Nouwek | H ind. | Opgave | | 50 |
| 17 | 196 | Yusuke Onoda | H21 UZO | Opgave | | 50 |
| | 115 | Gerrit van de Riet | H50 OLIFANT | org. | | |

| | | <i>aantal deelnemers</i> | | | | <i>per leeftijd/cat</i> | |
|-------|------|--------------------------|---------|-----------------|-----------|-------------------------|----------|
| | | <i>per afstand</i> | | <i>per club</i> | | | |
| | | | | | | D | H |
| Dames | 3,00 | 6 | AMOR | 1 | nn | 2 | 5 |
| Dames | 4,50 | | ARGUS | 13 | 10 | 4 | 2 |
| Dames | 4,50 | 4 | HOC '93 | 5 | 12 | | 1 |
| Dames | 6,50 | | KOVZ | 8 | 14 | | |
| Dames | 6,50 | 3 | MINOR | 15 | 16 | | |
| Dames | 8,00 | 4 | OLIFANT | 3 | 18 | | 1 |
| | | | UZO | 6 + | 20 | | |
| Heren | 3,00 | 5 | | 50 | 21 | 6 | 7 |
| Heren | 4,50 | | ind. | 15 + | 35 | 1 | 5 |
| Heren | 4,50 | 2 | | 65 | 40 | 2 | 4 |
| Heren | 6,50 | | | | 45 | 1 | 10 |
| Heren | 6,50 | 12 | | | 50 | | 3 |
| Heren | 8,00 | 12 | | | 55 | 1 | 6 |
| Heren | 11,0 | 17 + | | | 60 | | 2 |
| | | 65 | | | 65 | | |
| | | | | | 70 | | 2 |
| | | | | | 75 | | |
| | | | | | 17 | 48 | + |

Deze uitslag is met zorg samengesteld, maar als er opmerkingen of aanvullingen zijn, horen we dat graag van U

cursief in de leeftijdskolom : langer gelopen dan noodzakelijk

Vet in de leeftijdskolom: een te korte omloop, dus bm

(1043) *Klassering in de totaalkrangschikking is*

voorbehouden aan leden van de NOLB

Niet-NOLB-leden, kunnen hun geboortejaar doorgeven,

om dan met de juiste leeftijdscat. vermeld te worden

Beter nog, zij kunnen zich aanmelden bij een van de clubs, om

alsnog lid te worden, om dan ook voor de diverse nat. kamp.

me te tellen

Voor het laatst bijgewerkt 10 apr. door mike@nolb.nl