



Pl	Name	Club		Time
H-Senioren (r1) (6)			8,4 km	28 C
1	Andreas Kunzendorf			1:06:59
2	Erik Hoekstra	HOC 93		1:17:29
3	Edo Elzenga	HOC 93		1:24:03
4	Antal Guszlev	MINOR		1:29:32
5	Jona Vecht	HOC 93		1:31:09
6	Herman Mooij	ARGUS		1:40:07
D-Senioren (r2) (4)			6,6 km	20 C
1	Amanda Molenaar	HOC 93		1:29:44
2	Willeke Mooij	ARGUS		1:41:42
nc	Christine Mos	HOC 93		2:04:03
	Fiona Petersen			dns
H-Veteranen A/B (r2) (12)			6,6 km	20 C
1	Anne Heikoop	HOC 93		1:08:24
2	Joep Teeuwisse	HOC 93		1:09:21
3	Klaas de Jong	HOC 93		1:10:21
4	Klaas Jan Hofstra	HOC 93		1:17:27
5	Jurjen Blokzijl	HOC 93		1:20:34
6	Jan Post	HOC 93		1:20:59
7	Arie Willem van den Berg	MINOR		1:25:45
8	Guus van Boven			1:26:21
nc	Clemens Roos	HOC 93		50:00
nc	Wout Hennipman	HOC 93		1:49:09
nc	Evert Koning	HOC 93		1:49:11
nc	Henk Tissingh	HOC 93		2:04:03
H-Junioren B (r2) (1)			6,6 km	20 C
1	Rolf van der Hulst	MINOR		1:08:24
D-Veteranen A/B (r3) (9)			5,0 km	16 C
1	Anita Foppen	MINOR		1:12:36
2	Maiken Juul Jensen			1:18:38
3	Linda Wols	HOC 93		1:19:21
4	Liesbeth Hillebrand	HOC 93		1:23:58
5	Mery Broekman	HOC 93		1:31:04
6	Bianca van der Veen			1:35:06
7	Evelien Baas	HOC 93		1:44:36
8	Ellis Elzenga	HOC 93		1:52:49
nc	Shannon Schroor			2:12:23
D-Veteranen C+ (r3) (3)			5,0 km	16 C
1	Joke Molenaar	HOC 93		1:10:10
2	Dicky Mooij	ARGUS		1:36:12
3	Hedwig de Jong	HOC 93		1:39:36



Pl	Name	Club		Time
D-Junioren B/C (r3) (2)				
			5,0 km	16 C
1	Eva van der Hulst	MINOR		1:01:26
nc	Esmay Bosman	HOC 93		1:50:36
H-Veteranen C+ (r3) (10)				
			5,0 km	16 C
1	Jan Witsenboer	MINOR		1:16:41
2	Frank Mensink	MINOR		1:24:49
3	Jaap Hijma	HOC 93		1:34:35
4	Peter van den Berg			1:37:30
	Frans Vos	ARGUS		dnf
nc	Bert Molenaar	HOC 93		1:10:29
nc	Robert van der Hulst	MINOR		1:25:50
nc	Olaf van Werven	ARGUS		1:33:01
nc	Paul Rasmussen	HOC 93		2:04:54
nc	Anne Schroor	HOC 93		2:12:14
D-Beginners (r4) (1)				
			4,1 km	13 C
1	Else van den Berg			1:00:52
J-Aspiranten (r4) (1)				
			4,1 km	13 C
1	Richard Wols	HOC 93		35:41
J-Pupillen (r5) (1)				
			3,1 km	13 C
1	Ronald Roos	HOC 93		57:24
J-Pupillen (r5 MB) (2)				
			3,1 km	13 C
1	Wouter Roos	HOC 93		35:36
2	Floris Winters	HOC 93		1:07:52
M-Pupillen (r5 MB) (1)				
			3,1 km	13 C
1	Kirsten Teunissen	ARGUS		1:56:38