

Pl	Stno	Name	YB Club	Time
8 km (69)				8,1 km 25 C
1	291	Geir Moholdt	Greenrace	51:09
2	227	Sonny Wessels	Argus	52:40
3	253	Egor Rodin	Greenrace	53:50
4	221	Roelof Posthouwer	olv MINOR	54:33
5	239	Huub Amersfoort	Greenrace	54:43
6	254	Harm-Jan-Maarten Klifman	KOVZ	56:57
7	247	Rik Tensen	olv MINOR	58:02
8	329	Thijs Schrama	Individueel	59:16
9	85	Emiel Rutgers	HOC'93	59:20
10	281	Patrick Kuijken	olv MINOR	59:58
11	161	Thomas Albers	Greenrace	1:02:35
12	319	Jona Geers	Argus	1:04:03
13	302	Peter Reitsema	Argus	1:07:02
14	94	Zhichao Yao	Olifant	1:07:10
14	223	Gerrit Riet	Olifant	1:07:10
16	83	Koen Wagemakers	olv MINOR	1:08:37
17	111	Paul Schless	Greenrace	1:09:14
18	309	Annemieke Bloem	Olifant	1:09:40
19	36	Roel Jorna	olv MINOR	1:09:59
20	52	Sadie Zwikker	Argus	1:10:21
21	5	Klaas Hagen	Greenrace	1:10:29
22	173	Ronald Dohmen	Argus	1:11:27
23	131	Daniel Derksen	Greenrace	1:12:21
24	284	Gerber Loman	olv MINOR	1:12:46
25	28	Gijs Agema	Greenrace	1:12:47
26	29	Robin Bronsteede	Greenrace	1:13:44
27	263	Alwin Lijster	olv MINOR	1:13:49
28	278	Ralph Kurt	KOVZ	1:14:14
29	184	Maksim Golov	olv MINOR	1:14:15
30	155	Duco Bijleveld	Greenrace	1:14:30
31	171	Bas Dunn	Greenrace	1:15:21
32	276	Frank Sanders	Argus	1:17:38
33	285	Silvester Bosch	Greenrace	1:20:31
34	316	Wouter Tuinstra	Greenrace	1:20:54
35	148	Jeroen Hogema	olv MINOR	1:21:58
36	76	Koen Verbruggen	Greenrace	1:22:57
37	96	Cor Wilders	olv MINOR	1:23:37
38	216	Cees Beets	Greenrace	1:23:51
39	132	Else Noë	Greenrace	1:24:09
40	332	Ian Breed	Individueel	1:25:32
41	305	Maarten Enthoven	Greenrace	1:26:03
42	290	David Enthoven	Greenrace	1:26:14
43	167	Michel Visser	Greenrace	1:29:34
44	157	Marwin Booleman	Greenrace	1:29:35
45	292	Lisanne Pistor	Greenrace	1:33:31
46	144	Arie Willem van de Berg	Greenrace	1:34:46
47	39	Harry Hilberdink	Greenrace	1:35:57
48	42	Patrick Tuijl	Greenrace	1:36:02
49	55	Pascal Bruin	Greenrace	1:38:00
50	298	Jim Schaap	Greenrace	1:44:35
51	141	Margitte Rademaker	Greenrace	1:44:36

Pl	Stno	Name	YB Club	Time
8 km (69)			8,1 km 25 C	<i>(cont.)</i>
52	174	Maxime Copsy	Greenrace	1:44:38
53	140	Bas Jonkers	Greenrace	1:44:48
54	280	Matilda Wenselaar	KOVZ	1:50:38
55	137	Dagmar Ingelse-Cliteur	Greenrace	2:00:13
56	138	Thomas Ingelse	Greenrace	2:00:15
57	82	Leo Stolk	Greenrace	2:07:33
58	81	Petra Stolk	Greenrace	2:07:36
59	243	Kevin Bruin	Greenrace	2:20:14
	49	Maarten Vries	Argus	mp
	77	Bas Ploeg	Greenrace	mp
	56	Jurgen Bruin	Greenrace	mp
	215	Mario Kroef	Greenrace	mp
	214	Jaap Burg	Greenrace	mp
	326	Rink Post	HOC'93	mp
	318	Matheus Toloto	Greenrace	mp
	136	Anita Schipper	Greenrace	dnf
	135	Stephan Muskita	Greenrace	dnf
	255	Marjolein Ris	Greenrace	dnf
4,5 km (50)			5,1 km 17 C	
1	123	Tijmen Bregt	Greenrace	45:04
2	312	Klaas Hofstra	HOC'93	48:29
3	232	Frans Hettinga	olv MINOR	51:08
4	166	Roel Lambers	Greenrace	51:17
5	226	Iris Eggels	Argus	53:30
6	44	Tonny Neplenbroek	Argus	54:20
7	303	Aron Reitsema	Argus	55:02
8	265	Györgyi Corbet	Argus	55:33
9	122	Anne Heikoop	HOC'93	56:31
10	50	Philip Hubert	Argus	1:02:46
11	113	Aliaksandra Dzekanova	Greenrace	1:04:22
12	279	Diana Mittag	KOVZ	1:05:26
13	286	Elize Dam	Greenrace	1:06:23
14	288	Yolt Rodenhuis	Greenrace	1:06:25
15	289	Marije Bakker	Greenrace	1:06:28
16	293	Dirk Zwikker	Argus	1:06:32
17	304	Esther Reitsema	Argus	1:07:36
18	231	Kim Hettinga	olv MINOR	1:08:29
19	238	Thirza Hettinga	Argus	1:09:07
20	48	Evelyn Velema	Argus	1:09:41
21	63	Jolieke Piët	olv MINOR	1:10:22
22	60	Mijkje Hoogenboezem	olv MINOR	1:10:25
23	190	Sasha Zhernakova	olv MINOR	1:11:33
24	20	Lennart Vulpen	Greenrace	1:13:42
25	282	Hans Kuijken	olv MINOR	1:13:44
26	18	Minouk Steijn	Greenrace	1:13:47
27	237	Abel Hettinga	Argus	1:15:58
28	320	Heleen Filius	Greenrace	1:19:33
28	321	Ellen Jong	Greenrace	1:19:33
30	67	Nelly Voogt	Greenrace	1:21:55

Pl	Stno	Name	YB Club	Time
4,5 km (50)		5,1 km 17 C		<i>(cont.)</i>
31	37	Marc Veen	olv MINOR	1:21:56
32	317	Lode Geers	Argus	1:24:06
33	21	Rodney Nanninga	Greenrace	1:25:15
34	38	Franchesca Rondaij	Greenrace	1:25:19
35	294	Christa Zwikker	Argus	1:28:07
36	323	Margrete Loman	olv MINOR	1:31:53
37	192	Lisette Schiltmans	Greenrace	1:33:09
38	193	Harry Jansen	Greenrace	1:33:12
39	73	Tjitske Dalderup	Greenrace	1:35:23
40	72	Wim Jong	Greenrace	1:35:27
41	7	Jessica Pots	Argus	1:41:25
42	331	Jeroen Cliteur	Individueel	1:50:03
43	236	Astrid Velde	Argus	1:53:56
44	240	Brenda Visser	Greenrace	2:55:32
45	241	Penny Bruin	Greenrace	2:55:35
	126	Lisette Velzen	Greenrace	mp
	295	Kennard Hofland	Greenrace	mp
	296	Julia Huijbregts	Greenrace	mp
	198	Levijjn Brouwer	Greenrace	mp
	197	Matthijs Brouwer	Greenrace	mp
7 km (66)		6,9 km 24 C		
1	199	Joost Roosmalen	Greenrace	48:12
2	159	Daan Coenen	Greenrace	52:49
3	172	Rinke Dohmen	Greenrace	58:19
4	200	Maxim Moinat	Greenrace	1:00:04
5	330	Martin Rikxvoort	Individueel	1:06:01
6	109	Alex Steenbekkers	Greenrace	1:07:11
7	283	Martijn Oonk	Greenrace	1:10:54
8	233	Irene Bussel	Greenrace	1:14:52
9	133	Marjolein Barneveld	Greenrace	1:17:08
10	134	Debby Kappetijn	Greenrace	1:17:11
11	47	Frits Faber	Greenrace	1:18:19
12	165	Robert Harmsen	Greenrace	1:21:24
13	163	Mattijn Boerkamp	Greenrace	1:21:29
14	164	Paulien Trapman	Greenrace	1:21:36
15	162	Nienke Postma	Greenrace	1:21:40
16	116	Willem Ruder	Greenrace	1:22:41
17	234	Annerixt Gribnau	Greenrace	1:23:07
18	235	Olav Gribnau	Greenrace	1:23:08
19	92	Guido Addink	Greenrace	1:23:41
20	91	Luuk Drie	Greenrace	1:23:44
20	187	Melissa Beekveld	Greenrace	1:23:44
22	186	Stan Jakobs	Greenrace	1:23:50
23	59	Reinier Winden	Greenrace	1:27:28
24	191	José Zeeuw	Greenrace	1:34:01
24	158	Bas Veerman	Greenrace	1:34:01
26	54	Patrick Bos	Greenrace	1:35:42
27	127	Rianne Varekamp	Greenrace	1:37:00
28	40	Jacinta Janmaat	Greenrace	1:38:02

Pl	Stno	Name	YB Club	Time
7 km (66)				6,9 km 24 C (cont.)
29	84	Tjitske Lambeck	Greenrace	1:38:04
30	176	Siem Gaastra	Greenrace	1:39:32
31	222	Peter Keurntjes	Greenrace	1:41:15
32	9	Nicole Stolp	Greenrace	1:43:43
33	147	Charlien Roon	Greenrace	1:48:28
34	145	Anouk Uleman	Greenrace	1:48:32
35	46	John Marsdijk	Greenrace	1:52:11
36	41	Guler Avci	Greenrace	1:52:18
37	110	Marjolein Sponselee	Greenrace	1:58:10
38	88	Barend Koolhaas	Greenrace	2:04:38
39	129	Ronald Kuijf	Greenrace	2:06:57
40	130	Ivo Dazler	Greenrace	2:06:59
41	213	Jiska Ravenhorst	Greenrace	2:08:30
42	27	Jessica Steijn	Greenrace	2:12:17
43	33	Bastiaan Wijnen	Greenrace	2:17:18
44	17	Chris Krakowczyk	Greenrace	2:18:19
45	177	Jelle Gaastra	Greenrace	2:23:22
46	327	Mattie Boer	HOC'93	2:24:09
47	87	Sesjèna Arlar	Greenrace	2:25:27
48	86	Samantha Haren	Greenrace	2:25:30
49	182	Joris Zuidema	Greenrace	2:41:40
50	181	Sonja Ouwerkerk	Greenrace	2:41:41
51	30	Jessika Ferron	Greenrace	2:49:03
52	31	Dex Ferron	Greenrace	2:49:15
53	32	Reinier Ferron	Greenrace	2:50:27
54	1	Ilse Pree	Greenrace	2:54:45
55	4	Sake Heel	Greenrace	2:56:08
56	2	Adriaan Heel	Greenrace	2:56:15
	3	Meinke Heel	Greenrace	mp
	69	Els Schaik	Greenrace	dnf
	143	Lenore Beerkens	Greenrace	dnf
	34	Zainal Joenoes	Greenrace	dnf
	333	Bert Greef	Individueel	dnf
	259	Maria Klouwer	Greenrace	dnf
	142	Marloek Greeff	Greenrace	dnf
	93	Ziyou Zhong	Greenrace	dnf
	71	Tom Lin	Greenrace	dnf
	258	Johan Kras	Greenrace	dnf

5 km (66)				5,3 km 25 C
1	206	Bram Beckers	Greenrace	43:10
2	152	Sebastiaan Valk	Greenrace	52:22
3	175	Jasper Ingram	Greenrace	54:56
3	205	Marcel Beckers	Greenrace	54:56
5	252	Benjamin Dijsselbloem	Greenrace	56:12
6	188	Sylvester Hofstra	Greenrace	57:33
6	189	Kyran Goudzwaard	Greenrace	57:33
8	268	Hanne Hoffman	Greenrace	1:00:55
9	108	Simone Rengeling	Greenrace	1:01:34
10	149	Nienke Valk	Greenrace	1:05:17

Pl	Stno	Name	YB Club	Time
5 km (66)				5,3 km 25 C (cont.)
11	124	Petra Hogervorst	Greenrace	1:06:29
12	208	Joris Beckers	Greenrace	1:06:53
13	266	Eveline Toet	Greenrace	1:07:02
14	267	Nora Kuiper	Greenrace	1:07:05
15	204	Maud Roelofsen	Greenrace	1:08:57
16	207	Vera Beckers	Greenrace	1:11:04
17	45	Anne Winkelhof	Greenrace	1:15:15
18	43	Suus Brommer	Greenrace	1:16:13
19	58	Jesse Steen	Greenrace	1:21:00
20	57	Rianneke Mulder	Greenrace	1:21:05
21	217	Thomas Herngreen	Greenrace	1:21:32
22	114	Kyoma Veldhuijzen	Greenrace	1:22:09
23	115	Eelco Veldhuijzen	Greenrace	1:22:15
24	325	Reinier Wink	Greenrace	1:25:57
25	79	Tycho Peute	Greenrace	1:29:16
26	78	Bart Peute	Greenrace	1:29:18
27	121	Klaasjan Boon	Greenrace	1:33:01
28	249	Fabienne Lansink	Greenrace	1:34:33
29	251	Helene Lansink	Greenrace	1:34:36
30	248	Lucy Lansink	Greenrace	1:34:40
31	250	Hendrik Venema	Greenrace	1:34:42
32	315	Loes Visschedijk	Greenrace	1:36:42
33	224	Sophie Posthouwer	olv MINOR	1:37:27
34	101	Matthijs Theelen	Greenrace	1:37:56
35	107	Guus Schuur	Greenrace	1:37:58
36	103	Hans Flikweert	Greenrace	1:38:00
37	100	Puck Flikweert	Greenrace	1:38:28
37	106	Wendy Flikweert	Greenrace	1:38:28
39	102	Astrid Flikweert	Greenrace	1:38:31
40	322	Marijk Dijkman	Greenrace	1:38:46
41	314	Joost Visschedijk	Greenrace	1:40:54
42	105	Charlotte Sluiters	Greenrace	1:45:09
43	104	Ben Flikweert	Greenrace	1:45:15
44	89	Kim Nijenhuis	Greenrace	1:49:19
45	244	Emma Bakker	Greenrace	1:49:21
46	246	Wendy Hamel	Greenrace	1:49:24
47	245	Bo-Jane Maanen	Greenrace	1:49:28
48	74	Dorothe Palm	Greenrace	1:51:16
49	75	Arjan Annema	Greenrace	1:51:20
50	195	Evi Timmer	Greenrace	1:57:39
51	194	Sven Timmer	Greenrace	1:58:22
52	196	Mila Timmer	Greenrace	1:58:24
53	12	Giedre Al-Dabbash	Greenrace	2:03:22
54	13	Mariam Al-Dabbash	Greenrace	2:03:31
55	180	Bram Vos	Greenrace	2:06:18
56	23	Mats Kniest	Greenrace	2:06:29
57	178	Marjolijn Rigter	Greenrace	2:07:04
58	179	Tim Vos	Greenrace	2:07:10
59	22	Helma Kniest	Greenrace	2:07:18
60	257	Jitze Flink	Greenrace	2:12:24
	24	Remon Kniest	Greenrace	mp

Pl	Stno	Name	YB Club	Time
5 km (66)			5,3 km 25 C	<i>(cont.)</i>
	209	Nellie Voss	Greenrace	mp
	150	Jaap Valk	Greenrace	dnf
	169	Elisabeth Meer	Greenrace	dnf
	170	Betty Dongen	Greenrace	dnf
	183	Ilona Pouw	Greenrace	dnf
3 km (28)			2,9 km 17 C	
1	151	Alex Steenbekkers	Greenrace	19:06
2	156	Simone Rengeling	Greenrace	20:58
3	262	Thijmen Dijkstra	Greenrace	26:31
4	313	van Dijk Inge	Greenrace	33:32
5	168	Isis Demartean	Argus	33:49
6	61	Fedde Hoogenboezem	Greenrace	33:55
7	62	Wies Piët	olv MINOR	33:56
8	230	Stef Hettinga	olv MINOR	37:24
9	185	Julia Olizarenko	Greenrace	38:02
10	260	Stef Halter	Argus	39:43
11	299	Dick Ruiter	Greenrace	43:55
12	153	Rachel Heinemann	Greenrace	44:50
13	154	Rutger Zonneveld	Greenrace	44:55
14	261	Rafael Halter	Argus	45:30
15	334	Bastiaan prause	Individueel	45:34
16	229	Lies Hettinga	olv MINOR	46:14
17	219	Leonie Schoffelmeer	Greenrace	55:26
17	220	Eva Herngreen	Greenrace	55:26
19	271	Hans Hermans	Greenrace	1:04:21
20	273	Julie Buijs	Greenrace	1:04:23
21	270	Miranda Hooft	Greenrace	1:04:30
22	272	Ricardo Hooft	Greenrace	1:04:38
23	8	Matilda Wenselaar	Greenrace	1:08:33
24	264	Arnold Toet	Greenrace	1:10:45
25	211	Len Cianciarelli	Greenrace	1:30:04
26	212	Lucia Cianciarelli	Greenrace	1:30:17
27	210	Ornela Cianciarelli	Greenrace	1:30:21
	300	Jaël Reitsema	Argus	dnf