

| NK E stafette | | | De Vlasakkers | | 25-jun | |
|---------------|------|--------------------------|---------------|---------|--------|------|
| Dames | | | 3,00 km | tijd | min/km | prt |
| 1 | 181 | Mietta Groeneveld | D35 UZO | 0:20:30 | 06:50 | 1000 |
| 2 | 218 | Lieke van Opstal | D21 KOVZ | 0:21:17 | 07:06 | 963 |
| 3 | 495 | Elisabeth Schutjes | D21 UZO | 0:21:27 | 07:09 | 956 |
| 4 | 500 | Eva van Boven | D16 UZO | 0:23:25 | 07:48 | 875 |
| 5 | 497 | Vera van Zweeden | D14 UZO | 0:25:24 | 08:28 | 807 |
| 6 | 141 | Emese Corbet | D12 ARGUS | 0:27:55 | 09:18 | 734 |
| 7 | 245 | Yvette Tan | D21 UZO | 0:29:10 | 09:43 | 703 |
| 8 | 498 | Dorien van Zweeden | D14 UZO | 0:29:33 | 09:51 | 694 |
| 9 | 258 | Joke Molenaar | D45 HOC '93 | 0:31:25 | 10:28 | 653 |
| 10 | 444 | Anita Foppen | D35 MINOR | 0:31:36 | 10:32 | 649 |
| 11 | 132 | Kinga Corbet | D14 ARGUS | 0:33:40 | 11:13 | 609 |
| 12 | 274 | Morica Roeling | D50 KOVZ | 0:38:41 | 12:54 | 530 |
| Dames | | | 4,50 km | h:mm:ss | mm:ss | prt |
| 1 | 382 | Manon Mensink | D21 ARGUS | 0:31:10 | 06:56 | 1000 |
| 2 | 439 | Dunja van de Riet | D35 OLIFAN | 0:33:02 | 07:20 | 943 |
| 3 | 180 | Birgitta Verbeek - van M | D40 MINOR | 0:38:52 | 08:38 | 802 |
| 4 | #### | Linda VERBRAKEN | D40 BALISE1 | 0:41:35 | 09:14 | 749 |
| 5 | 142 | Eva Herold | D21 ARGUS | 0:43:27 | 09:39 | 717 |
| 6 | 499 | Anne van Zweeden | D16 UZO | 0:45:01 | 10:00 | 692 |
| 7 | 131 | Timea Corbet | D18 ARGUS | 0:45:19 | 10:04 | 688 |
| 8 | 167 | Christa Zwikker | D55 ARGUS | 0:47:25 | 10:32 | 657 |
| 9 | 73 | Natascha Kuijken | D21 MINOR | 0:53:04 | 11:48 | 587 |
| 10 | 496 | Jacqueline van Zweeden | D40 UZO | 0:55:17 | 12:17 | 564 |
| 11 | 146 | Harneke Zuidema | D35 MINOR | 1:13:08 | 16:15 | 426 |
| Dames | | | 6,00 km | h:mm:ss | mm:ss | prt |
| 1 | 173 | Sadie Zwikker | D21 ARGUS | 0:47:06 | 07:51 | 1000 |
| 2 | 221 | Györgyi Corbet | D40 ARGUS | 0:59:40 | 09:57 | 789 |
| 3 | 97 | Willeke Mooy | D21 ARGUS | 1:01:32 | 10:15 | 765 |
| 4 | 157 | Dorine de Vries - Sala | D40 MINOR | 1:11:47 | 11:58 | 656 |
| 5 | 48 | Claudia Rijnvis | D50 ARGUS | 1:13:51 | 12:18 | 638 |

| | | Heren | 3,00 km | <i>tijd</i> | <i>min/km</i> | <i>prt</i> |
|----|------|------------------------|----------------|----------------|---------------|------------------|
| 1 | #### | Dirk GOOSSENS | H40 BALISE1 | 0:15:08 | 05:03 | (1205) <i>bm</i> |
| 2 | 171 | Derk de Vries | H45 MINOR | 0:18:14 | 06:05 | 1000 |
| 3 | 194 | Nico Nijenhuis | H20 MINOR | 0:19:45 | 06:35 | 923 |
| 4 | 183 | Mart Broeren | H50 ARGUS | 0:20:53 | 06:58 | 873 |
| 5 | x509 | Ham Bartholomeus | H ind | 0:21:01 | 07:00 | 868 |
| 6 | 168 | Dirk Zwikker | H60 ARGUS | 0:21:22 | 07:07 | 853 |
| 7 | 51 | Mark Heikoop | H40 OLIFAN' | 0:21:27 | 07:09 | 850 |
| 8 | 119 | Ton Roos | H65 HOC '93 | 0:23:12 | 07:44 | 786 |
| 9 | 374 | Frank Mensink | H60 MINOR | 0:25:17 | 08:26 | 721 |
| 10 | 431 | Alan Gould | H50 OLIFAN' | 0:26:06 | 08:42 | 699 |
| 11 | 195 | Reinier Nijenhuis | H16 MINOR | 0:28:37 | 09:32 | 637 |
| 12 | 156 | Frans Vos | H70 ARGUS | 0:31:34 | 10:31 | 578 |
| 13 | 130 | Ferry Corbet | H40 ARGUS | 0:33:55 | 11:18 | 538 |
| 14 | 193 | Anton Nijenhuis | H21 MINOR | 0:35:10 | 11:43 | 518 |
| 15 | 263 | Joran Bosman | H10 HOC '93 | 0:35:27 | 11:49 | 514 |
| 16 | 26 | Jarne Bosman | H10 HOC '93 | 0:35:34 | 11:51 | 513 |
| 17 | 122 | Ronald Roos | H35 HOC '93 | 0:36:35 | 12:12 | 498 |
| | | Heren | 4,50 km | <i>h:mm:ss</i> | <i>mm:ss</i> | <i>prt</i> |
| 1 | 396 | Ralph Kurt | H21 KOVZ | 0:25:24 | 05:39 | 1000 |
| 2 | 148 | Wouter Foppen | H18 MINOR | 0:26:52 | 05:58 | 945 |
| 3 | 53 | Anne Heikoop | H45 UZO | 0:29:16 | 06:30 | 868 |
| 4 | 41 | Peter Foppen | H50 MINOR | 0:30:25 | 06:46 | 835 |
| 5 | 270 | John Lonsdale | H40 HOC '93 | 0:32:00 | 07:07 | 794 |
| 6 | 143 | Ton de Vaan | H55 UZO | 0:32:19 | 07:11 | 786 |
| 7 | 51 | Mark Heikoop | H40 OLIFAN' | 0:34:49 | 07:44 | 730 |
| 8 | x509 | Ham Bartholomeus | H ind | 0:35:39 | 07:55 | 712 |
| 9 | 123 | Felix Slezak | H55 MINOR | 0:37:49 | 08:24 | 672 |
| 10 | 101 | Mike in 't Groen | H60 KOVZ | 0:38:05 | 08:28 | 667 |
| 11 | 257 | Bert Molenaar | H45 HOC '93 | 0:41:05 | 09:08 | 618 |
| 12 | 314 | Robert van den Nieuwer | H45 ARGUS | 0:41:16 | 09:10 | 616 |
| 13 | 307 | Wim Koolhoven | H45 ARGUS | 0:41:32 | 09:14 | 612 |
| 14 | 348 | Arthur Oudejans | H35 UZO | 0:46:00 | 10:13 | 552 |
| 15 | 461 | Robbert Voors | H35 UZO | <i>mp</i> | | |
| | | Heren | 6,00 km | <i>h:mm:ss</i> | <i>mm:ss</i> | <i>prt</i> |
| 1 | 120 | Clemens Roos | H21 HOC '93 | 0:31:32 | 05:15 | 1000 |
| 2 | 402 | Olaf Binsch | H35 UZO | 0:35:54 | 05:59 | 878 |
| 3 | 2 | Ronald Dohmen | H35 MINOR | 0:37:22 | 06:14 | 844 |
| 4 | #### | Dirk GOOSSENS | H40 BALISE1 | 0:37:24 | 06:14 | 843 |
| 5 | 95 | Herman Mooy | H21 ARGUS | 0:39:56 | 06:39 | 790 |
| 6 | 51 | Mark Heikoop | H40 OLIFAN' | 0:40:24 | 06:44 | 781 |
| 7 | 215 | Adrie van Opstal | H50 KOVZ | 0:40:55 | 06:49 | 771 |
| 8 | 147 | Niels Peter Foppen | H21 MINOR | 0:46:47 | 07:48 | 674 |
| 9 | 413 | Cas van Zweeden | H45 UZO | 0:48:00 | 08:00 | 657 |
| 10 | 114 | Richard Renkers | H55 UZO | 0:49:31 | 08:15 | 637 |
| 11 | 59 | Tonny Neplenbroek | H45 UZO | 0:51:33 | 08:35 | 612 |
| 12 | 82 | Johan van Eiten | H45 ARGUS | 0:51:37 | 08:36 | 611 |
| 13 | 34 | Harrie van Lierop | H45 MINOR | 0:54:58 | 09:10 | 574 |
| 14 | 262 | Jurien Bosman | H35 HOC '93 | 0:55:06 | 09:11 | 572 |
| 15 | x159 | Elwin van der Gragt | H ind. | 0:56:18 | 09:23 | 560 |
| 16 | 13 | Guus van Boven | H50 UZO | 1:00:45 | 10:07 | 519 |
| 17 | 475 | Giel Pardoel | H50 KOVZ | 1:01:47 | 10:18 | 510 |
| 18 | 109 | Peter Pince v.d.Aa | H55 MINOR | 1:10:32 | 11:45 | 447 |
| 19 | 347 | Dirk Zijp | H60 UZO | 1:44:44 | 17:27 | 301 |
| 20 | 209 | Simon Nijenhuis | H45 MINOR | <i>mp</i> | | 50 |
| 21 | 494 | Kristaps Tamuzs | H21 UZO | <i>mp</i> | | 50 |
| 22 | 115 | Gerrit van de Riet | H50 OLIFAN' | <i>mp</i> | | 50 |