

## NK middle distance 2007

ma 22-10-2007 13:52

## Results

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Pl	Stno	Name	YB	Club	Time
<b>H21 (11) 6.5 km 25 C</b>					
1		Clemens Roos	72	HOC '93	40:17
2		Wouter Foppen	88	Minor	43:34
3		Olaf Binsch	69	UZO	44:04
4		Herman Mooij	84	Argus	49:44
5		Bas Breman		Argus	50:35
6		Nico Nijenhuis	86	Minor	1:01:52
7		Joop Groen	80	individueel	1:03:46
8		Robin Molenaar	87	HOC '93	1:08:14
9		Jeroen Vermeulen		individueel	1:14:25
10		Hans de Haas		individueel	1:26:55
11		Koen de Jong		HOC '93	1:41:06
<b>H40 (5) 5.5 km 22 C</b>					
1		Mark Heikoop	64	OLifant	44:29
2		John Lonsdale		HOC '93	44:58
3		Frank Heimens		Argus	1:21:08
		Ton Blom		individueel	mp
nc		Robert Post		individueel	1:40:24
<b>H45 (5) 5.5 km 22 C</b>					
1		Anne Heikoop	58	UZO	42:08
2		Wil Alards	62	OLifant	52:11
3		Simon Nijenhuis	58	Minor	1:01:25
4		Bert Molenaar	59	HOC '93	1:01:32
nc		Herman Janssen		TROL	54:15
<b>H50 (2) 4.5 km 17 C</b>					
1		Peter Foppen	53	Minor	36:27
2		mike in 't groen	50	kovz	47:34
<b>H55 (5) 4.5 km 17 C</b>					
1		Frank Mensink	45	Minor	43:25
2		Karst Mooij	50	Argus	43:50
3		Dirk Zwikker	45	Argus	50:11
4		Frans Wens		TROL	57:24
5		Gerard Kolner	51	UZO	1:16:22

<b>H60</b>	<b>(1)</b>	<b>3.0 km</b>	<b>11 C</b>		
1	Oswald van Bockstal		TROL		41:31
<b>H65</b>	<b>(1)</b>	<b>3.0 km</b>	<b>11 C</b>		
1	Ton Roos		41 HOC '93		39:55
<b>H70</b>	<b>(1)</b>	<b>3.0 km</b>	<b>11 C</b>		
1	Jacob Haklander		33 Minor		53:22
<b>H75</b>	<b>(1)</b>	<b>3.0 km</b>	<b>11 C</b>		
1	Frans Vos		32 Argus		33:51
<b>D12</b>	<b>(1)</b>	<b>2.0 km</b>	<b>8 C</b>		
1	Sanne Alards		98 OLifant		36:08
<b>H14</b>	<b>(1)</b>	<b>3.0 km</b>	<b>11 C</b>		
1	Ronald Roos		68 HOC '93		1:00:58
<b>D21</b>	<b>(7)</b>	<b>5.5 km</b>	<b>22 C</b>		
1	Sadie Zwikker		82 Argus		44:09
2	Manon Mensink		75 Argus		44:54
3	Mietta Groeneveld		68 UZO		56:57
4	Ewa Fiuk		individueel		58:14
5	Olga Heimens		77 Argus		1:02:38
6	Willeke Mooij		81 Argus		1:07:19
	Anne Breman		Argus		mp
<b>D40</b>	<b>(1)</b>	<b>4.5 km</b>	<b>17 C</b>		
1	Dorine de Vries-Sala		64 Minor		1:15:29
<b>D45</b>	<b>(1)</b>	<b>4.5 km</b>	<b>17 C</b>		
1	Joke Molenaar		60 HOC '93		1:00:32

**D50 (3)****3.0 km 11 C**

1	monica roeling	52 kovz	35:42
2	Christa Zwikker	49 Argus	45:48
3	Claudia Rijnvis	Argus	57:54