

# 1e Nationale Kort

## Lange duinen 2 april 2000

## Route 1 8.00 km

Naam	Cat.	Club	1e omloop	2e omloop	totaal
1 Adrie van Opstal	H40	KOVZ	0:20:14 1	0:21:55 5	0:42:09
2 Mark Heikoop	H35	OLifant	0:20:59 2	0:21:25 1	0:42:24
3 Rob Stapels	H21	UZO	0:21:25 3	0:21:38 2	0:43:03
4 Ronald Dohmen	H21	MINOR	0:22:54 5	0:21:52 4	0:44:46
5 Owvind Johanson	H21	AMOR	0:22:40 4	0:23:29 7	0:46:09
6 Lucien Baert	H40	KOVZ	0:23:48 6	0:22:50 6	0:46:38
7 Patrick Kuyken	H21	MINOR	0:25:32 9	0:21:51 3	0:47:23
8 Jody Borgers	H21	UZO	0:24:31 7	0:24:31 8	0:49:02
9 Maarten Baakman	H21	ARGUS	0:24:56 8	0:24:12 9	0:49:08
10 Jeroen Renkers	H35	AMOR	0:26:14 10	0:27:17 10	0:53:31
11 Richard Renkers	H45	UZO	0:32:25 11	0:31:00 11	1:03:25

## Route 2/3 6.00 km

Naam	Cat.	Club	1e omloop	2e omloop	totaal
1 Peter Rummler	H40	AMOR	0:21:05 2	0:20:59 2	0:42:04
2 Feike Alewijnse	H20	ARGUS	0:19:49 1	0:22:34 7	0:42:23
3 Zoltan Vekerdy	H40	ARGUS	0:22:20 3	0:21:30 3	0:43:50
4 Tonny Neplenbroek	H35	UZO	0:22:30 4	0:22:30 6	0:45:00
5 Frank van Zwol	H35	AMOR	0:22:54 6	0:22:10 5	0:45:04
6 Mart Broeren	H40	ARGUS	0:23:30 8	0:21:56 4	0:45:26
7 Thea Lilihov	D21	UZO	0:22:52 5	0:23:31 9	0:46:23
8 Petra Sweertman	D21	KOVZ	0:25:55 10	0:23:45 10	0:49:40
9 Herman Mooy	H18	ARGUS	0:28:31 11	0:22:48 8	0:51:19
10 Guus van Boven	H40	UZO	0:23:03 7	0:28:24 12	0:51:27
11 Peter Foppen	H45	MINOR	0:31:59 13	0:20:56 1	0:52:55
12 Wim Hoogendoorn	H35	UZO	0:29:27 12	0:26:04 11	0:55:31
13 Melanie Spruyt	D21		0:25:08 9	0:34:10 14	0:59:18
14 Catharina Johanson	D21	AMOR	0:32:34 14	0:31:06 13	1:03:40
15 vd Lee			15	0:36:24 15	0:36:24
16 Brokhof			16	0:38:55 16	0:38:55

## Route 4/5 5.20 km

Naam	Cat.	Club	1e omloop	2e omloop	totaal
1 David Rossiter	H50	ARGUS	0:16:53 1	0:18:41 3	0:35:34
2 Imke van Opstal	D18	KOVZ	0:18:52 3	0:18:00 1	0:36:52
3 Mike Groen in 't	H50	KOVZ	0:19:11 4	0:18:20 2	0:37:31
4 Karst Mooy	H50	ARGUS	0:20:22 5	0:20:04 5	0:40:26
5 Dirk Zwikker	H50	ARGUS	0:18:26 2	0:22:18 8	0:40:44
6 John Bakker	H50	AMOR	0:23:10 11	0:19:37 4	0:42:47
7 Frans Vos	H65	ARGUS	0:21:50 7	0:21:29 6	0:43:19
8 Niels Peter Foppen	H-16	MINOR	0:21:54 8	0:23:10 10	0:45:04
9 G Corbet	D35	ARGUS	0:23:02 10	0:25:14 11	0:48:16
10 Elly van Opstal	D40	KOVZ	0:26:35 14	0:21:47 7	0:48:22
11 Natasha Kuyken	D21	MINOR	0:20:40 6	0:27:49 10	0:48:29
10 Monica Roeling	D45	KOVZ	0:26:19 13	0:23:09 9	0:49:28

13	Wil Laeven	H50	UZO	0:25:27	10	0:35:53	14	1:01:20
14	Fam Appelboom			0:43:14	15	0:35:19	13	1:18:33
15	Rousson			0:50:18	17	0:51:06	15	1:41:24
16	Jan de Boer	H50	UZO	0:22:51	9			0:22:51
17	Ineke Fonck		UZO	0:43:39	16			0:43:39

---

Route 6/7 2.90 km

1	Dome Verkerdy	H12	ARGUS	0:16:35	1	0:09:23	1	0:25:58
2	Timea Corbet	D10	ARGUS	0:28:56	3	0:13:59	2	0:42:55
3	Kinga Corbet	D-10	ARGUS	0:17:28	2	0:26:11	3	0:43:39

---