

| Pl | tno | Name | Club | Time |
|---|-----|--------------------------|---------|------------------------|
| Heren Senioren (H21-H35) (12) Voided legs: 139-142, 142-143 | | | | 9,7 km 0 m 33 C |
| 1 | 1 | Sergey Fedatsenka | MINOR | 55:13 |
| 2 | 4 | Koen de Jong | HOC 93 | 1:04:42 |
| 3 | 11 | Andreas Kunzendorf | | 1:11:55 |
| 4 | 3 | Michel van Dongen | OLifant | 1:15:26 |
| 5 | 7 | Jefta Langerak | | 1:19:04 |
| 6 | 78 | Pieter van Geldere | OLifant | 1:19:16 |
| 7 | 5 | Herman Elfrink | MINOR | 1:36:14 |
| 8 | 9 | Antal Guszlev | MINOR | 1:38:40 |
| 9 | 6 | Herman Mooij | ARGUS | 1:41:50 |
| 10 | 8 | Jona Vecht | HOC 93 | 1:43:53 |
| | 79 | Niels-Peter Foppen | MINOR | mp |
| | 10 | Erik Hoekstra | HOC 93 | mp |
| Dames Senioren (D20-D21) (3) Voided legs: 139-142, 142-143 | | | | 7,0 km 0 m 23 C |
| 1 | 2 | Anastasia Denisova | | 54:43 |
| 2 | 15 | Geke Bakker | HOC 93 | 1:08:44 |
| 3 | 18 | Willeke Mooij | ARGUS | 1:59:49 |
| Heren Veteranen A (H40-H45) (10) Voided legs: 139-142, 142-143 | | | | 7,0 km 0 m 23 C |
| 1 | 13 | Clemens Roos | HOC 93 | 51:47 |
| 2 | 14 | Roland van Loon | KOVZ | 55:40 |
| 3 | 12 | Edo Elzenga | HOC 93 | 1:10:50 |
| 4 | 19 | Klaas Jan Hofstra | HOC 93 | 1:11:02 |
| 5 | 21 | Arie Willem van den Berg | MINOR | 1:18:00 |
| 6 | 16 | Eelco Muller | KOVZ | 1:18:15 |
| 7 | 20 | Joep Teeuwisse | HOC 93 | 1:21:05 |
| 8 | 17 | Jan Post | HOC 93 | 1:31:09 |
| 9 | 24 | Adriaan Baas | HOC 93 | 1:34:24 |
| nc | 23 | Rene Bloemberg | HOC 93 | 1:25:34 |
| Heren Junioren B (H18) (1) Voided legs: 140-142, 142-143 | | | | 5,1 km 0 m 18 C |
| 1 | 73 | Rolf van der Hulst | MINOR | 1:11:35 |
| Dames Veteranen A (D35-D40-D45) (9) Voided legs: 140-142, 142-14 | | | | 5,1 km 0 m 18 C |
| 1 | 37 | Dunja van de Riet | OLifant | 50:11 |
| 2 | 51 | Jane Pulford | OLifant | 58:53 |
| 3 | 50 | Marijke Klaassen | HOC 93 | 59:54 |
| 4 | 44 | Chantal de Geus | OLifant | 1:00:09 |
| 5 | 29 | Linda Wols | HOC 93 | 1:02:34 |
| 6 | 28 | Larissa Rand | OLifant | 1:16:15 |
| 7 | 27 | Hillegonde de Niet | HOC 93 | 1:19:38 |
| 8 | 33 | Ellis Elzenga | HOC 93 | 1:26:10 |
| 9 | 30 | Wendy van den Barselaar | HOC 93 | 1:35:17 |
| Dames Veteranen C (D60+) (3) | | | | 4,1 km 0 m 15 C |
| 1 | 64 | Christa Zwikker | ARGUS | 1:04:17 |
| 2 | 81 | Jenny Fijlstra | HOC 93 | 1:20:36 |
| 3 | 60 | Dicky Mooij | ARGUS | 1:27:01 |

| Pl | tno | Name | Club | Time |
|---|-----|----------------------|---------|------------------------|
| Dames Junioren B (D18) (1) Voided legs: 140-142, 142-143 | | | | 5,1 km 0 m 18 C |
| 1 | 46 | Renee Temmen | MINOR | 1:07:46 |
| Heren Veteranen C (H60-H65) (6) | | | | 4,1 km 0 m 15 C |
| 1 | 59 | Karst Mooij | ARGUS | 51:26 |
| 2 | 62 | Jan Witsenboer | MINOR | 1:03:31 |
| 3 | 61 | Frank Mensink | MINOR | 1:06:42 |
| 4 | 80 | Dick Fijlstra | HOC 93 | 1:17:13 |
| 5 | 53 | Jaap Hijma | HOC 93 | 1:23:48 |
| | 57 | Ton de Vaan | MINOR | dnf |
| Meisjes Aspiranten (D14) (1) | | | | 4,5 km 0 m 17 C |
| nc | 66 | Wendy Afman | HOC 93 | 1:35:22 |
| Jongens Aspiranten (H14) (2) | | | | 4,5 km 0 m 17 C |
| 1 | 67 | Richard Wols | HOC 93 | 43:32 |
| 2 | 77 | Jonas van der Meulen | HOC 93 | 1:47:41 |
| Jongens Pupillen MB (H10-H12) (2) | | | | 3,2 km 0 m 11 C |
| 1 | 69 | Wouter Roos | HOC 93 | 42:14 |
| 2 | 82 | Ronald Roos | HOC 93 | 1:15:49 |
| Heren Veteranen B (H50-H55) (17) Voided legs: 140-142, 142-143 | | | | 5,1 km 0 m 18 C |
| 1 | 38 | Gerrit van de Riet | OLifant | 39:46 |
| 2 | 36 | Hans de Wit | KOVZ | 40:40 |
| 3 | 45 | Peter Foppen | MINOR | 46:12 |
| 4 | 35 | Steven Jochems | KOVZ | 49:17 |
| 5 | 26 | Klaas de Jong | HOC 93 | 49:53 |
| 6 | 31 | Andrew McComb | OLifant | 51:30 |
| 7 | 42 | Anne Heikoop | HOC 93 | 53:10 |
| 8 | 32 | Johan van Elten | ARGUS | 58:42 |
| 9 | 74 | Guus van Boven | OLifant | 1:02:23 |
| 10 | 41 | Simon Nijenhuis | MINOR | 1:09:07 |
| 11 | 52 | Robert van der Hulst | MINOR | 1:33:07 |
| | 48 | Bert Molenaar | HOC 93 | mp |
| nc | 49 | Bart van der Meulen | HOC 93 | 1:03:03 |
| nc | 22 | Maurice de Cock | OLifant | 1:09:47 |
| nc | 43 | Olaf van Werven | ARGUS | 1:20:06 |
| nc | 39 | Wout Hennipman | HOC 93 | 1:39:02 |
| nc | 40 | Evert Koning | HOC 93 | 1:39:24 |
| Dames Veteranen B (D50-D55) (4) | | | | 4,1 km 0 m 15 C |
| 1 | 76 | Katinka Mulder | ARGUS | 54:51 |
| 2 | 55 | Teri McComb | OLifant | 1:11:05 |
| 3 | 65 | Joke Molenaar | HOC 93 | 1:13:45 |
| 4 | 58 | Hedwig de Jong | HOC 93 | 1:31:12 |

| Pl | tno | Name | Club | Time |
|-------------------------------------|-----|--------------|-------|------------------------|
| Heren Veteranen D (H70+) (3) | | | | 4,1 km 0 m 15 C |
| 1 | 63 | Dirk Zwikker | ARGUS | 47:49 |
| 2 | 54 | Kees Geers | ARGUS | 48:32 |
| | 56 | Frans Vos | ARGUS | mp |