

## Tussenstand Nationale competitie NOLB 2024

[illegible]

## Tussenstand Nationale competitie NOLB 2024

|     |                              | NC1 - Kale Duinen-Bosberg |        | NC2 - Paalberg |        | NC3 - Meppel |        | NC4 - NK Sprint |        | NC5 - Amersfoort |        | NC6 - NK Middle |        | NC7 - Interclub |        | NC8 - NK Lang |        | Tussenstand |
|-----|------------------------------|---------------------------|--------|----------------|--------|--------------|--------|-----------------|--------|------------------|--------|-----------------|--------|-----------------|--------|---------------|--------|-------------|
| Cat | Naam                         | Tijd                      | Punten | Tijd           | Punten | Tijd         | Punten | Tijd            | Punten | Tijd             | Punten | Tijd            | Punten | Tijd            | Punten | Tijd          | Punten | punten      |
| D45 | Inge Huisman                 | 01:29:15                  | 1000   | 01:04:38       | 924    | 00:47:13     | 1000   | 00:16:30        | 1000   | 01:23:14         | 888    | 01:19:25        | 1000   | 01:32:21        | 892    | 01:44:23      | 1000   | 5924        |
| D45 | Olga Zwikker                 |                           |        |                |        |              |        |                 |        | 01:13:55         | 1000   |                 |        | 01:22:23        | 1000   |               |        | 2000        |
| D45 | Marjo Poulissen              |                           |        | 01:00:04       | 994    |              |        |                 |        | 01:15:42         | 976    |                 |        |                 |        |               |        | 1970        |
| D45 | Yvette Tan                   |                           |        | 00:59:42       | 1000   |              |        |                 |        |                  | 50     |                 |        | 01:46:02        | 777    |               |        | 1827        |
| D45 | Lisa Leistra                 | 01:35:17                  | 937    |                |        |              |        | 00:20:12        | 817    |                  |        |                 |        |                 |        |               |        | 1754        |
| D45 | Alexandra Zhernakova         |                           |        | 01:24:56       | 703    |              |        |                 |        | 01:22:42         | 894    |                 |        |                 |        |               |        | 1597        |
| D45 | Manon Hegeman                |                           |        |                |        |              |        |                 |        |                  |        |                 |        |                 |        | 02:03:01      | 849    | 849         |
| D45 | Mijkje Hoogenboezem          |                           |        |                |        |              |        |                 |        |                  | 50     |                 |        | 01:52:19        | 733    |               |        | 783         |
| D45 | Jolieke Piet                 |                           |        |                |        |              |        |                 |        |                  | 50     |                 |        | 01:56:23        | 708    |               |        | 758         |
| D45 | Katja Tiitinen               | 02:14:46                  | 662    |                |        |              |        |                 |        |                  |        |                 |        |                 | 50     |               |        | 712         |
| D45 | Sandra Wezenberg             |                           |        |                |        |              |        |                 |        |                  |        |                 |        |                 |        | 02:28:53      | 701    | 701         |
| D45 | Esra Kulan                   |                           |        |                |        |              |        |                 |        |                  |        | 02:33:21        | 518    |                 |        |               |        | 518         |
| D45 | Annemieke Lebbink            |                           |        |                | 50     |              |        |                 |        |                  |        |                 |        |                 |        |               |        | 50          |
| D50 | Linda Wols                   | 01:08:21                  | 1000   | 00:38:46       | 1000   | 00:33:51     | 1000   |                 |        |                  |        |                 |        | 00:57:48        | 1000   |               |        | 4000        |
| D50 | Jenny Kootstra               | 01:54:03                  | 599    |                |        | 00:38:28     | 880    |                 |        |                  |        |                 |        | 01:59:00        | 486    | 01:35:00      | 1000   | 2965        |
| D50 | Ellen Boomer                 |                           |        |                |        |              |        |                 |        | 01:26:07         | 1000   |                 |        | 01:58:14        | 489    |               |        | 1489        |
| D50 | Sandra Wezenberg             |                           |        |                |        | 00:42:58     | 788    |                 |        |                  |        |                 |        |                 |        |               |        | 788         |
| D50 | Marijke Klaassen             |                           |        |                |        |              |        |                 |        |                  |        |                 |        |                 |        |               | 50     | 50          |
| D55 | Dunja van de Riet            | 00:53:04                  | 1000   | 00:42:05       | 1000   | 00:34:18     | 1000   | 00:13:31        | 1000   | Compensa         | 1000   | 00:34:22        | 1000   | 00:52:19        | 1000   | 01:03:53      | 902    | 6000        |
| D55 | Martine Hoeksma              |                           |        | 00:44:20       | 949    |              |        |                 |        | 00:48:33         | 1000   | 00:38:46        | 887    |                 |        | 00:57:39      | 1000   | 3836        |
| D55 | Masja van de Ven             |                           | 50     |                |        |              |        | 00:13:49        | 978    | 00:52:59         | 916    |                 |        | 01:01:23        | 852    | 01:22:53      | 696    | 3492        |
| D55 | Lina Jasulaityte             |                           |        | 00:56:21       | 747    |              |        | 00:17:28        | 774    | 00:58:51         | 825    |                 |        |                 |        |               |        | 2346        |
| D55 | Nicoline Sanders             |                           | 50     | 01:25:44       | 491    | 01:08:26     | 501    | 00:22:22        | 604    |                  |        |                 |        |                 |        |               | 50     | 1696        |
| D60 | Joke Molenaar                | 01:28:16                  | 1000   | 00:57:22       | 1000   | 00:47:48     | 1000   | 00:20:34        | 1000   | 01:08:16         | 874    |                 |        | 01:15:30        | 786    | 01:22:12      | 1000   | 5874        |
| D60 | Gyorgyi Corbet               |                           |        |                |        |              |        |                 |        | 00:59:40         | 1000   |                 |        | 00:59:20        | 1000   |               |        | 2000        |
| D60 | Monica Roeling               |                           |        |                |        |              |        |                 |        | 01:02:59         | 947    | 01:16:09        | 1000   |                 |        |               |        | 1947        |
| D60 | Birgitta Verbeek - van Vliet |                           |        |                | 50     |              |        |                 |        | 01:26:22         | 691    |                 |        | 01:08:22        | 868    |               |        | 1609        |
| D60 | Jenny Fijlstra               | 02:32:56                  | 577    |                |        | 00:52:14     | 915    |                 |        |                  |        |                 |        |                 |        |               |        | 1492        |
| D60 | Evelyn Velema                |                           |        |                |        |              |        |                 |        | 01:20:47         | 739    |                 |        |                 |        |               |        | 739         |
| D60 | Dorine de Vries - Sala       |                           |        |                |        |              |        |                 |        | 01:26:07         | 693    |                 |        |                 |        |               |        | 693         |
| D60 | Elly Appelboom - Jonkman     |                           |        |                |        |              |        |                 |        |                  |        |                 |        | 01:56:40        | 509    |               |        | 509         |
| D60 | Hedwig de Jong               |                           |        |                |        |              |        |                 |        |                  |        |                 |        | 02:07:52        | 464    |               |        | 464         |
| D65 | Katinka Mulder               |                           | 50     | 00:32:40       | 1000   |              |        |                 |        |                  | 50     |                 |        | 00:50:36        | 1000   | 01:10:59      | 1000   | 3100        |
| D65 | Mattie de Boer               |                           |        |                |        | 01:10:40     | 1000   | 00:34:29        | 474    | 01:23:53         | 1000   |                 |        |                 |        |               |        | 2474        |
| D65 | Elly van Opstal              |                           |        |                |        |              |        | 00:43:19        | 377    |                  |        |                 |        | 01:09:42        | 726    |               |        | 1103        |
| D65 | Monica Roeling               |                           |        |                |        |              |        | 00:16:21        | 1000   |                  |        |                 |        |                 |        |               |        | 1000        |
| D65 | Hedwig de Jong               |                           |        |                |        |              |        |                 |        |                  |        |                 |        |                 |        |               | 50     | 50          |



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|-----|-------------------|---------------------------|--------|----------------|--------|--------------|--------|-----------------|--------|------------------|--------|-----------------|----------|-----------------|--------|---------------|--------|--------------------|
|     |                   | Tijd                      | Punten | Tijd           | Punten | Tijd         | Punten | Tijd            | Punten | Tijd             | Punten | Tijd            | Punten   | Tijd            | Punten | Tijd          | Punten |                    |
| H35 | Peter Reitsema    | 01:35:26                  | 990    | 01:12:25       | 1000   | 00:56:18     | 933    |                 |        | 01:23:49         | 1000   | 01:01:08        | 1000     | 01:52:38        | 1000   |               |        | 5923               |
| H35 | Ton Vlasveld      |                           |        | 01:42:01       | 710    | 01:19:18     | 662    |                 |        | 02:02:38         | 683    |                 |          |                 |        |               |        | 2055               |
| H35 | Sonny Wessels     | 01:34:27                  | 1000   |                |        | 00:52:31     | 1000   |                 |        |                  |        |                 |          |                 |        |               |        | 2000               |
| H35 | Mark Heikoop      |                           |        |                |        |              |        | 00:22:29        | 714    |                  |        | 01:05:27        | 934      |                 |        |               |        | 1648               |
| H35 | Martin Wingelaar  |                           |        |                |        |              |        |                 |        |                  | 50     |                 |          |                 |        | 02:59:44      | 1000   | 1050               |
| H35 | Timo Visser       |                           |        |                |        |              |        | 00:16:03        | 1000   |                  |        |                 |          |                 |        |               |        | 1000               |
| H35 | Koen Wagemakers   |                           |        | 01:21:47       | 885    |              |        |                 |        |                  |        |                 |          |                 |        |               |        | 885                |
| H35 | Evert de Kock     |                           |        |                |        |              |        |                 |        |                  |        | 50              | 02:30:06 | 750             |        |               |        | 800                |
| H35 | Thomas Venema     |                           |        |                |        | 01:05:46     | 799    |                 |        |                  |        |                 |          |                 |        |               |        | 799                |
| H35 | Ronald Willekes   |                           |        | 01:32:23       | 784    |              |        |                 |        |                  |        |                 |          |                 |        |               |        | 784                |
| H35 | Raul Cordon Perez |                           |        |                |        |              |        | 00:20:53        | 769    |                  |        |                 |          |                 |        |               |        | 769                |
| H35 | Frans Hettinga    |                           |        |                |        |              |        |                 |        |                  |        |                 |          | 02:48:25        | 669    |               |        | 669                |
| H35 | Martell Demarteau |                           |        |                |        |              |        |                 |        |                  |        | 50              |          |                 |        |               |        | 50                 |
| H35 | Eelco Muller      |                           |        |                |        |              |        |                 |        |                  | 50     |                 |          |                 |        |               |        | 50                 |
| H40 | Herman Mooij      | 01:13:59                  | 1000   | 01:03:36       | 1000   | 00:56:38     | 1000   | 00:14:01        | 949    | 01:08:38         | 1000   |                 |          | 01:26:50        | 1000   |               |        | 5949               |
| H40 | Ronald Somers     |                           |        |                |        |              |        | 00:13:18        | 1000   |                  |        | 00:52:56        | 1000     |                 |        |               |        | 2000               |
| H40 | Rene Bloemberg    | 01:22:02                  | 902    |                |        |              | 50     |                 |        |                  |        |                 |          |                 |        |               |        | 952                |
| H40 | Twan Rooijackers  |                           |        |                |        |              |        |                 |        |                  |        |                 |          | 01:58:43        | 731    |               |        | 731                |
| H40 | Jona Vecht        |                           |        | 01:27:12       | 729    |              |        |                 |        |                  |        |                 |          |                 |        |               |        | 729                |
| H40 | Arjan Jager       |                           |        |                |        |              |        |                 |        |                  |        |                 |          | 02:03:14        | 705    |               |        | 705                |
| H40 | Raul Cordon Perez |                           |        |                |        |              |        |                 |        |                  |        | 50              |          |                 |        |               |        | 50                 |
| H45 | Patrick Kuijken   |                           |        | 00:54:14       | 1000   |              |        |                 |        | 01:19:03         | 865    |                 |          | 01:07:49        | 1000   |               |        | 2865               |
| H45 | Jona Vecht        | 01:43:32                  | 521    |                |        | 01:02:36     | 1000   |                 |        |                  |        |                 |          |                 |        | 01:50:14      | 1000   | 2521               |
| H45 | Jeroen Liefink    |                           |        |                |        |              |        | 00:11:52        | 1000   |                  |        | 00:59:16        | 1000     |                 |        |               |        | 2000               |
| H45 | Erdoğan TAŞEL     |                           |        |                |        |              |        |                 |        |                  |        | 01:10:20        | 843      | 01:46:10        | 639    |               |        | 1482               |
| H45 | Alwin de Lijster  | 01:30:41                  | 595    | 01:16:29       | 709    |              |        |                 |        |                  |        |                 |          |                 |        |               |        | 1304               |
| H45 | Antal Guszlev     |                           |        |                |        |              |        |                 |        | 01:08:24         | 1000   |                 |          |                 |        | 50            |        | 1050               |
| H45 | Clemens Roos      | 00:53:59                  | 1000   |                |        |              |        |                 |        |                  |        |                 |          |                 |        |               |        | 1000               |
| H45 | Ivan Batchev      |                           |        |                |        |              |        |                 |        |                  |        | 01:06:53        | 886      |                 |        |               |        | 886                |
| H45 | Maksim Golov      |                           |        |                |        |              |        |                 |        | 01:23:43         | 817    |                 |          |                 |        |               |        | 817                |
| H45 | Roelof Posthouwer |                           |        |                |        |              |        |                 |        |                  |        |                 |          | 01:29:35        | 757    |               |        | 757                |
| H45 | Penko Penev       |                           |        | 01:13:18       | 740    |              |        |                 |        |                  |        |                 |          |                 |        |               |        | 740                |
| H45 | Erik Eefting      | 01:17:56                  | 693    |                |        |              |        |                 |        |                  |        |                 |          |                 |        |               |        | 693                |
| H45 | Herman Elfrink    |                           |        | 01:27:00       | 623    |              |        |                 |        |                  |        |                 |          |                 |        |               |        | 623                |
| H45 | Birger Jansen     |                           |        |                |        |              |        | 00:19:26        | 611    |                  |        |                 |          |                 |        |               |        | 611                |
| H45 | Twan Rooijackers  |                           |        |                |        |              |        |                 |        |                  |        | 01:37:40        | 607      |                 |        |               |        | 607                |

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|     |                      | NC1 - Kale Duinen-Bosberg |        | NC2 - Paalberg |        | NC3 - Meppel |        | NC4 - NK Sprint |        | NC5 - Amersfoort |        | NC6 - NK Middle |        | NC7 - Interclub |        | NC8 - NK Lang |        | Tussenstand |
|-----|----------------------|---------------------------|--------|----------------|--------|--------------|--------|-----------------|--------|------------------|--------|-----------------|--------|-----------------|--------|---------------|--------|-------------|
| Cat | Naam                 | Tijd                      | Punten | Tijd           | Punten | Tijd         | Punten | Tijd            | Punten | Tijd             | Punten | Tijd            | Punten | Tijd            | Punten | Tijd          | Punten | punten      |
| H60 | Henk Snijders        | 00:50:37                  | 988    | 00:32:01       | 1000   | 00:25:57     | 1000   | 00:14:11        | 1000   |                  |        | 00:28:25        | 973    | 00:49:06        | 1000   | 00:47:36      | 1000   | 5988        |
| H60 | Steven Jochems       | 00:50:00                  | 1000   | 00:34:58       | 916    | 00:30:07     | 862    | 00:14:55        | 951    | 00:42:51         | 1000   | 00:30:37        | 903    | 00:51:25        | 955    | 00:54:27      | 874    | 5725        |
| H60 | Adriaan Baas         | 01:00:47                  | 823    |                |        | 00:34:16     | 757    |                 |        |                  |        |                 |        | 01:16:19        | 643    | 01:09:42      | 683    | 2906        |
| H60 | Ronald Poulissen     |                           |        | 00:40:43       | 786    |              |        |                 |        | 00:56:21         | 760    |                 |        |                 |        |               |        | 1546        |
| H60 | Peter Voermans       |                           |        |                |        |              |        |                 |        |                  |        | 00:36:56        | 749    | 01:14:50        | 656    |               |        | 1405        |
| H60 | Erik Eefting         |                           |        |                |        |              |        |                 |        |                  |        |                 |        | 00:57:34        | 853    | 01:31:35      | 520    | 1373        |
| H60 | Hans de Wit          |                           |        |                |        |              |        |                 |        |                  |        | 00:27:39        | 1000   |                 |        |               |        | 1000        |
| H60 | Frank Sanders        |                           | 50     |                |        |              |        | 00:16:44        | 848    |                  |        |                 |        |                 |        |               |        | 898         |
| H60 | Johannes de Wit      |                           |        |                |        |              |        |                 |        |                  |        |                 |        |                 |        | 00:55:06      | 864    | 864         |
| H60 | Rink Post            |                           |        |                |        |              |        |                 |        |                  |        |                 |        |                 |        | 00:56:22      | 844    | 844         |
| H60 | Jurjen Blokzijl      |                           |        |                |        | 00:31:47     | 816    |                 |        |                  |        |                 |        |                 |        |               |        | 816         |
| H60 | Johan van Elten      |                           |        | 00:42:08       | 760    |              |        |                 |        |                  |        |                 |        |                 |        |               |        | 760         |
| H60 | Ton van Amerongen    | 02:32:57                  | 327    |                |        | 01:13:56     | 351    |                 |        |                  |        |                 |        |                 |        |               |        | 678         |
| H60 | Ton Vlasveld         |                           |        |                |        |              |        |                 |        |                  |        |                 |        | 01:20:09        | 613    |               |        | 613         |
| H60 | Jean-Yves Glerant    |                           |        | 00:59:46       | 536    |              |        |                 |        |                  |        |                 |        |                 |        |               |        | 536         |
| H60 | Henk Bakker          |                           |        | 01:02:22       | 513    |              |        |                 |        |                  |        |                 |        |                 |        |               |        | 513         |
| H60 | Eric van Weers       |                           |        |                |        |              |        |                 |        |                  |        |                 |        |                 |        | 01:35:28      | 499    | 499         |
| H60 | Bjorn Dinse          |                           |        |                |        |              |        |                 |        |                  |        |                 |        |                 |        | 03:19:50      | 238    | 238         |
| H65 | Gerrit van de Riet   | 00:48:00                  | 1000   | 00:32:59       | 1000   | 00:29:25     | 1000   | Compensa        | 1000   | Compensa         | 1000   | 00:30:46        | 941    | 00:44:07        | 1000   | 00:59:15      | 1000   | 6000        |
| H65 | Simon Nijenhuis      | 01:01:21                  | 782    |                |        | 00:40:47     | 721    | 00:17:25        | 781    | 00:44:52         | 1000   | 00:36:42        | 789    | 00:51:01        | 865    | 00:59:31      | 996    | 5213        |
| H65 | Anne Heikoop         |                           | 50     | 00:44:15       | 745    | 00:39:01     | 754    | 00:17:24        | 782    | 00:49:15         | 911    | 00:39:58        | 725    | 01:07:12        | 656    | Compensa      | 783    | 4700        |
| H65 | Adrie van Opstal     |                           |        | 00:33:37       | 981    |              |        | 00:13:36        | 1000   |                  |        | 00:28:58        | 1000   | 00:48:22        | 912    |               |        | 3893        |
| H65 | Robert van der Hulst | 01:17:30                  | 619    | Compensa       | 636    | 00:45:50     | 642    |                 |        | 01:14:20         | 604    |                 |        | Compensa        | 636    | 01:27:23      | 678    | 3815        |
| H65 | Bert Molenaar        | 01:20:48                  | 594    | 00:58:39       | 562    | 00:54:46     | 537    | 00:23:47        | 572    | 00:58:58         | 761    |                 |        | 01:18:24        | 563    |               |        | 3589        |
| H65 | Guus van Boven       |                           |        | 00:49:51       | 662    | 00:42:16     | 696    | 00:24:07        | 564    |                  |        |                 |        | 01:20:23        | 549    | 01:22:36      | 717    | 3188        |
| H65 | Rink Post            | 00:59:20                  | 809    |                |        | 00:37:13     | 790    | 00:16:52        | 806    | 01:06:16         | 677    |                 |        |                 | 50     |               |        | 3132        |
| H65 | Giel Pardoel         |                           |        | 00:50:14       | 657    |              |        | 00:16:29        | 825    |                  |        | 00:44:26        | 652    |                 | 50     |               |        | 2184        |
| H65 | Tonny Neplenbroek    |                           |        | 00:38:40       | 853    |              |        |                 |        | 00:56:34         | 793    |                 |        |                 |        |               |        | 1646        |
| H65 | Peter Foppen         |                           |        | 00:37:43       | 875    |              | 50     |                 |        |                  |        |                 |        |                 |        |               |        | 925         |
| H65 | Adriaan Burgmans     |                           |        |                |        |              |        | 00:17:52        | 761    |                  |        |                 |        |                 |        |               |        | 761         |
| H65 | Mike in 't Groen     |                           |        |                |        |              |        | 00:18:18        | 743    |                  |        |                 |        |                 |        |               |        | 743         |
| H65 | Patrick Bleyens      |                           |        |                |        |              |        |                 |        |                  |        |                 |        | 01:01:20        | 719    |               |        | 719         |
| H65 | Frans Appelboom      |                           |        |                |        |              |        |                 |        |                  |        |                 |        | 01:12:06        | 612    |               |        | 612         |
| H65 | Paul Rasmussen       | 01:50:20                  | 435    |                |        |              |        |                 |        |                  |        |                 |        |                 |        |               |        | 435         |

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|-----|------------------------|---------------------------|--------|----------------|--------|--------------|--------|-----------------|--------|------------------|--------|-----------------|--------|-----------------|--------|---------------|--------|-----------------------|
|     |                        | Tijd                      | Punten | Tijd           | Punten | Tijd         | Punten | Tijd            | Punten | Tijd             | Punten | Tijd            | Punten | Tijd            | Punten | Tijd          | Punten |                       |
| H70 | Klaas de Jong          | 01:08:54                  | 1000   | 00:48:23       | 1000   | 00:40:49     | 1000   |                 |        |                  |        |                 |        |                 |        |               |        | 3000                  |
| H70 | Jaap Hijma             | 02:11:43                  | 523    |                |        | 00:59:56     | 681    |                 |        |                  |        |                 |        |                 |        | 01:43:51      | 1000   | 2204                  |
| H70 | Mike in 't Groen       |                           |        |                |        |              |        |                 |        | 00:58:28         | 1000   | 00:37:04        | 1000   |                 |        |               |        | 2000                  |
| H70 | Dirk Zwikker           |                           |        |                |        |              |        |                 |        | 01:11:47         | 814    |                 |        |                 |        |               |        | 814                   |
| H70 | Eddie DE KERF          |                           |        |                |        |              |        |                 |        |                  |        | 00:53:58        | 687    |                 |        |               |        | 687                   |
| H75 | Hans Kuijken           |                           |        | 00:34:01       | 972    |              |        |                 |        | 00:42:01         | 1000   |                 |        | 00:55:21        | 896    |               |        | 2868                  |
| H75 | Mike in 't Groen       |                           |        |                |        |              |        |                 |        |                  |        |                 |        | 00:49:35        | 1000   | 00:49:17      | 1000   | 2000                  |
| H75 | Dirk Zwikker           |                           |        | 00:33:03       | 1000   |              |        |                 |        |                  |        |                 |        | 00:58:22        | 850    |               |        | 1850                  |
| H75 | Ruud Schonewille       |                           |        |                |        |              |        | 00:32:18        | 1000   |                  |        |                 |        |                 |        |               |        | 1000                  |
| H75 | Peter Pince van der Aa |                           |        |                |        |              |        |                 |        | 00:51:38         | 814    |                 |        |                 |        |               |        | 814                   |
| H75 | Dick Fijlstra          |                           |        |                |        |              |        |                 |        |                  |        |                 |        |                 |        |               | 50     | 50                    |
| H80 | Kees Geers             | 01:04:38                  | 1000   | 00:35:58       | 898    |              |        |                 |        | 00:45:52         | 1000   |                 |        | 00:49:07        | 1000   | 01:01:57      | 1000   | 4898                  |
| H80 | Jan Witsenboer         | 01:05:47                  | 983    | 00:32:17       | 1000   |              |        |                 |        | 01:15:18         | 609    |                 |        | 00:51:22        | 956    | 01:20:27      | 770    | 4318                  |