

2014				NC1 MINOR		NC2 KOVZ		NC3 OLifant		NC4 NKSprint OLifant		NC5 NK Middle HOC'93		NC6 NK Lang MINOR		NC7 Interclub ARGUS		stand	4-5 beste	
Meisjes Pupillen A (D-12)																				
Naomi	van	Opstal	D 12 KOVZ	32:37	1000	29:10	1000			12:21	1000	16:31	1000					4000	4000	
Damens Junioren C (D-16)																				
Eva	van der	Hulst	D 14 MINOR	58:32	1000					18:24	1000	54:05	1000	80:57	1000			4000	4000	
Renée		Temmen	D 16 MINOR	64:17	911					19:30	944	56:06	964	84:58	953			3772	3772	
Dames Senioren (D-20/21)																				
Sadie		Zwikker	D 21 ARGUS	65:59	1000			92:49	854	16:20	983			75:36	1000	60:25	1000	4837	4837	
Mijke		Mallekoote	D 21 KOVZ	98:57	667	104:01	801	122:02	650	19:19	831	76:09	794	101:33	744	70:04	862	5349	4032	
Lieke	van	Opstal	D 21 KOVZ	80:28	820					19:38	817	64:21	940			68:36	881	3458	3458	
Dames Veteranen A (D35/40/45)																				
Lina		Bulovaité	D 35 OLIFANT	59:21	1000	57:20	1000	84:26	936	16:48	979			73:03	917	54:08	936	5768	4851	
Dunja	van de	Riet	D 45 OLIFANT	62:29	950	62:58	911	90:37	872	16:27	1000	52:48	1000	69:20	966	55:58	905	6604	4827	
Chantal		Geus de - Cock de	D 35 OLIFANT					79:02	1000	18:05	910	59:26	888	71:52	932	53:21	950	4680	4680	
Masja	van de	Ven	D 45 KOVZ	65:56	900	68:43	834	105:16	751	16:33	994	70:38	748	66:58	1000	62:22	812	6039	4540	
Yvette		Tan	D 35 ARGUS	70:59	836					17:20	949	82:41	639	83:46	799	69:48	726	3949	3949	
Linda		Wols-Lunenburg	D 40 HOC '93	93:34	634	85:39	669			18:17	900	101:04	522	79:57	838	59:06	857	4420	3898	
Larissa		Rand	D 40 OLIFANT	67:22	881	77:35	739			17:43	929			89:27	749			3298	3298	
Dames Veteranen B (D50/55)																				
Joke		Molenaar	D 50 HOC '93	78:27	707	61:44	933	83:58	1000	14:34	1000	52:19	722	77:30	1000	38:49	833	6195	4787	
Hedwig	de	Jong	D 50 HOC '93	Disk	50	104:42	550			18:18	796	Disk	50			56:56	568	2014	2028	
Dames Veteranen C (D60/65/70/75)																				
Christa		Zwikker	D 65 ARGUS	Disk	50			94:42	1000	15:58	870	52:20	1000	70:20	1000	42:59	884	4804	4754	
				NC1 MINOR		NC2 KOVZ		NC3 OLifant		NC4 NKSprint OLifant		NC5 NK Middle HOC'93		NC6 NK Lang MINOR		NC7 Interclub ARGUS		stand	4-5 beste	
Jongens Pupillen B (H-10)																				
Tobias	van	Opstal	H 10 KOVZ	42:52	1000	44:29	1000			13:31	1000	30:30	1000					4000	4000	
Jongens Pupillen A (H-12)																				
Richard		Wols	H 12 HOC '93	37:58	1000	31:08	1000			10:58	1000	13:29	1000	25:03	1000	20:54	1000	6000	5000	
Heren senioren (H21/35)																				
Koen	de	Jong	H 21 HOC '93	68:30	1000					15:44	853	46:49	762	85:18	933	67:40	1000	4548	4548	
Herman		Mooij	H 21 ARGUS	112:05	611	117:52	681			20:59	639	75:22	473	151:54	524	Compensatie		2928	3069	
Olaf		Woertel	H 21 KOVZ	94:08	728					18:37	721			130:55	608	90:24	749	2806	2806	
Pim	van den	Nouwelant	H 35 OLIFANT			104:46	766	114:48	680	20:48	645			139:56	269			2360	2360	
Michel	van	Dongen	H 35 OLIFANT	75:12	911	Disk	50	Disk	50	Compensatie				99:44	798			1809	2261	
Heren Veteranen A (H40/45)																				
Roland	van	Loon	H 40 KOVZ	60:09	1000	Compens	1000			14:38	1000	61:19	1000	69:50	1000	50:13	944	5944	5000	
Ralph		Kurt	H 40 KOVZ			68:36	765	82:30	841	16:33	884			76:39	911	55:03	861	4262	4262	
Ivan		Batchev	H 45 KOVZ			74:56	700			22:33	649	74:40	821	87:23	799	59:54	791	3760	3760	
Darius		Semaška	H 45 OLIFANT	60:38	992			69:22	1000					70:54	985	128:20	369	3346	3346	
Edo		Elzenga	H 45 HOC '93	66:56	899					19:08	765	80:19	763	91:42	762			3189	3189	
Klaas Jan		Hofstra	H 45 HOC '93	68:38	876					20:45	705	102:44	597	90:50	769	Disk	50	2997	2997	
Erwin		Pellegrom	H 45 ARGUS	108:28	555	112:32	466			22:36	647	89:50	683	123:25	566			2917	2917	
Eelco		Muller	H 40 KOVZ	Disk	50	Disk	50	142:52	486	19:42	743			Disk	50	77:17	613	1992	1942	
Heren Veteranen B (H50/55)																				
Adrie	van	Opstal	H 55 KOVZ	44:42	1000	Compens	986			16:27	1000	44:51	1000			40:10	945	4931	4931	
Anne		Heikoop	H 55 HOC '93	48:14	927	50:54	1000	67:16	872	16:33	994			52:24	1000	45:02	843	5636	4793	
Mark		Heikoop	H 50 OLIFANT	46:09	969	54:32	933	Compensati	938	16:42	985	54:46	819	60:41	863			5507	4688	

Peter	Foppen	H 60	MINOR	Compensatie	890				58:39	1000	18:02	912	56:36	792	Compensatie	890	44:25	854	5338	4448
Hans	de Wit	H 50	KOVZ		49:55	895	56:42	898	80:00	733	19:04	863	Disk	50	59:34	880			4319	4269
Steven	Jochems	H 50	KOVZ		52:55	845	64:51	785	78:49	744	20:10	816	76:20	588	62:26	839	42:49	886	5503	4171
Adriaan	Baas	H 50	HOC '93		74:12	602					18:33	887	79:33	565	73:19	715	48:06	789	3558	3558
Guus	van Boven	H 55	OLIFANT		59:26	752			87:45	668	35:02	470			68:12	768	53:31	709	3367	3367
Johan	van Elten	H 50	ARGUS		64:45	690					19:15	855	64:46	692	65:42	798	Disk	50	3085	3085
Simon	Nijenhuis	H 55	MINOR		70:45	632							50:39	885	62:48	834	52:11	727	3078	3078
Karst	Mooij	H 60	ARGUS		58:27	765	74:10	686	Disk	50			48:35	923			Compensatie	606	3030	3030
Mart	Broeren	H 55	ARGUS	Disk	50	58:05	876								60:51	861	45:46	829	2616	2616
Bert	Molenaar	H 55	HOC '93	Disk	50		Disk	50	Disk	50	37:50	435			Disk	50	67:36	561	1196	1146
Heren Veteranen C (H60/65)																				
Klaas	de Jong	H 60	HOC '93		45:21	1000	45:32	1000			16:07	1000	37:22	1000			30:29	963	4963	4963
Mike	in 't Groen	H 65	KOVZ		47:43	950	53:22	853			17:02	946					30:15	971	3720	3720
Dirk	Zwikker	H 65	ARGUS		49:15	921			Disk	50	18:14	884	47:08	793			29:22	1000	3648	3648
Heren Veteranen D (H70/75/80/85)																				
Frans	Vos	H 80	ARGUS		83:47	1000					21:05	1000	46:45	1000			51:12	643	3643	3643