

			<u>NC1 ARGUS</u>	<u>NC2 OLifant</u>	<u>NC3 KOVZ</u>	<u>NC4 NKSprint</u>	<u>NC5 NK Middle</u>	<u>NC6 NK Lang</u>	<u>NC7 Interclub</u>	<u>stand</u>	<u>3 beste</u>	
Heren Junioren C (H-16)												
Rolf van der Hulst	H-16	MINOR		1:44:13 1000			0:39:27 1000		0:53:43 1000	3000	3000	
Heren senioren (H21/35)												
Niels Peter Foppen	H21	MINOR		1:48:05 747	1:22:12 947		0:44:14 913	1:33:11 1000	1:31:44 704	4311	2860	
Michel van Dongen	H35	OLifant	Organisatie	949	1:23:01 938		0:46:23 870	1:37:12 959	1:30:10 716	4432	2846	
Antonio Musone	H21	OLifant	mp	50			0:46:22 871	1:35:27 976	1:46:08 609	2506	2456	
Herman Mooij	H21	ARGUS		2:37:05 514	1:51:19 699		0:51:46 780	2:04:22 749	mp 50	2792	2228	
Werner Halter	H35	ARGUS			1:49:56 708		0:56:48 711	2:14:52 691		2110	2110	
Ruud van Gorp	H35	OLifant	mp	50			1:03:47 633	2:22:15 655		1338	1338	
Heren Veteranen A (H40/45)												
Darius Semaška	H45	OLifant		1:18:01 927	1:02:45 1000		0:45:49 1000			2927	2927	
Ralph Kurt	H40	KOVZ		1:43:26 699	1:04:05 979		0:50:59 899	1:05:12 1000		3577	2878	
Roland van Loon	H40	KOVZ		1:29:32 806			0:51:25 891	1:05:35 994	1:16:29 899	3590	2784	
Mark Heikoop	H45	OLifant	Organisatie	915			0:49:23 928	1:14:43 873	1:16:13 902	3618	2745	
John Graafmans	H45	KOVZ		1:34:51 762	1:04:46 969		mp 50	1:18:06 835		2616	2566	
Edo Elzenga	H45	HOC '93					1:05:35 699	1:17:00 847	1:25:22 805	2351	2351	
Adriaan Baas	H50	HOC '93					1:05:27 700	1:27:28 745	1:23:15 826	2271	2271	
Jan Klaas Hofstra	H45	HOC '93	mp	50			1:17:51 589	1:15:21 865	1:24:57 809	2313	2263	
Steven Jochems	H45	KOVZ		2:15:48 532	Organisatie 738		1:01:24 746	1:29:26 729	1:35:49 718	3463	2213	
Eelco Muller	H40	KOVZ			1:21:38 769		1:17:32 591	1:52:24 580		1940	1940	
Erwin Pellegrom	H40	ARGUS			1:55:09 545		1:30:04 509	1:53:50 573		1627	1627	
Heren Veteranen B (H50/55)												
Anne Heikoop	H55	HOC '93		1:15:58 1000			Controleur 1000	0:39:59 952	0:56:28 1000	0:52:30 958	4910	3000
Peter Foppen	H50	MINOR					Organisatie 973	0:39:13 971	0:57:59 974	0:54:25 925	3843	2918
Mart Broeren	H55	ARGUS		1:22:00 926				1:06:35 848	1:00:54 828	2602	2602	
Simon Nijenhuis	H55	MINOR	mp	50	1:10:31 1000		0:52:01 732	1:13:44 766		2548	2498	
Andrew McComb	H55	OLifant		1:47:09 709				1:13:05 773	1:06:40 755	2237	2237	
Guus van Boven	H55	OLifant		1:38:06 774				1:23:55 673	1:12:10 697	2144	2144	
Klaas de Jong	H55	HOC '93					0:46:42 815		1:04:20 782	1597	1597	
Bert Molenaar	H50	HOC '93	mp	50	mp 50		0:58:56 646	mp 50		796	746	
Heren Veteranen C (H60/65)												
Karst Mooij	H60	ARGUS		1:24:38 1000	0:49:55 887				0:46:24 1000	2887	2887	
Dirk Zwikker	H65	ARGUS			0:54:13 817			Organisatie 848	0:52:48 879	2544	2544	
Heren Veteranen D (H70/75)												
Frans Vos	H80	ARGUS	mp	50	1:15:27 1000		1:07:28 1000	1:02:31 1000	1:15:10 1000	4050	3000	
			<u>NC1 ARGUS</u>	<u>NC2 OLifant</u>	<u>NC3 KOVZ</u>	<u>NC4 NKSprint</u>	<u>NC5 NK Middle</u>	<u>NC6 NK Lang</u>	<u>NC7 Interclub</u>	<u>stand</u>	<u>3 beste</u>	
Meisjes Pupillen (D-10/-12)												
Naomi van Opstal	D-10	KOVZ			0:39:33 803		0:17:31 1000	0:28:00 1000		2803	2803	
Meisjes Aspiranten (D-14)												
Eva van der Hulst	D-14	MINOR	mp	50			0:39:30 1000	1:03:56 1000	0:42:48 1000	3050	3000	
Damens Junioren C (D-16)												
Renee Temmen	D-16	MINOR					0:48:51 842	1:03:52 1000	1:03:34 815	2657	2657	
Gerber Loman	D-16	MINOR					0:41:07 1000		0:51:48 1000	2000	2000	
Dames Senioren (D-20/21)												
Geke Bakker	D21	HOC '93		1:30:31 1000	1:15:22 902		0:47:21 1000	1:08:49 1000	1:20:47 927	4829	3000	

Petra Kostalova	D21	<i>OLifant</i>	1:43:24	875	1:08:00	1000	0:51:35	918	1:13:15	939	1:14:54	1000	4732	2939
Sadie Hubert	D21	<i>ARGUS</i>	1:44:01	870	1:10:17	968	0:53:43	881	1:20:05	859			3578	2719
Lina Bulovaite	D35	<i>OLifant</i>	1:57:44	769	1:31:06	746	mp	50					1565	1565
Dames Veteranen A (D35/40/45)														
Dunja van de Riet	D45	<i>OLifant</i>	1:30:31	953			0:52:06	1000	1:14:20	850	1:08:47	904	3707	2857
Masja van de Ven	D45	<i>KOVZ</i>	1:31:52	939	Organisatie	871	1:04:51	803	1:19:56	790	1:20:59	767	4170	2613
Larissa Rand	D35	<i>OLifant</i>			1:58:39	582			1:35:39	660	1:02:09	1000	2242	2242
Bodil Marcussen Brun	D40	<i>HOC'93</i>	1:26:17	1000	1:09:05	1000							2000	2000
Dames Veteranen B (D50/55)														
Joke Molenaar	D50	<i>HOC '93</i>	1:21:31	1000	1:03:12	1000	0:39:36	1000	1:04:34	876	1:08:51	1000	4876	3000
Dames Veteranen C (D60/65/70/75)														
Christa Zwikker	D60	<i>ARGUS</i>			1:03:46	1000			Organisatie	1000	1:05:11	1000	3000	3000
Dicky Mooij	D60	<i>ARGUS</i>	mp	50	1:33:26	682					1:34:55	687	1419	1419