



Heren Veteranen A (H40/45)																
1	John Graafmans	H40	KOVZ	35:44	1000	1:06:36	1000	0:17:33	1000	1:05:03	969		1:09:22	1000	4969	
2	Mark Heikoop	H45	OLifant	39:51	897	1:06:47	997			1:07:11	938		1:18:01	889	4721	
3	Adriaan Baas	H45	HOC '93					0:23:03	761			1:00:55	1000	1:16:01	825	4721
4	Steven Jochems	H45	KOVZ	56:55	628			0:27:25	640	1:25:25	738	1:16:17	799	1:34:30	734	2874
5	Eelco Muller	H40	KOVZ	48:47	732	1:43:26	644					1:27:23	697	1:47:06	648	2788
6	Marco Mensink	H40	ARGUS							1:03:01	1000					2782
7	Gerard Mooiman	H45	KOVZ									1:19:15	769			2000
8	Peter Verbeek	H45	MINOR			1:10:51	940					1:07:32	902	1:15:28	919	1821
9	Laurent Guibert	H45	KOVZ									1:14:29	818			1708
10	Mart Broeren	H55	ARGUS							1:20:31	783			1:18:23	885	1701
11	Hans de Wit	H45	KOVZ			1:37:02	686					1:40:31	606			1668
12	Erwin Pellegrom	H40	ARGUS									1:44:41	582	2:45:07	420	1292
13	Peter Voermans	H45	KOVZ			1:08:45	969									1002
14	Ralph Kurt	H40	KOVZ													969
15	Koen Wagemakers	H40														925
16	John Lonsdale	H45	HOC '93	41:08	869									1:18:45	881	881
17	Cas van Zweden	H50	UZO							ORG		1:15:47	804			869
18	Bart van der Meulen	H40	HOC '93					0:23:44	739							804
19	David Rossiter	H60												1:37:34	711	739
20	Edo Elzenga	H40	HOC '93													711
21	Bart Meulen, van der	H40	HOC '93												1:38:18	638
22	Dag Marcussen	H40	HOC '93												1:40:35	638
23	Guus van Boven	H55	UZO					0:34:25	510						1:41:57	623
24	Peter Bleijens	H45	KOVZ													615
25	Jeroen Hogema	H45	UZO									2:08:23	474			510
26	Hans Biggelaar, van den	H45	HOC '93												2:08:27	488
														MP	50	488
																474
																50

Heren Veteranen B (H50/55)																		
1	Peter Foppen	H55	MINOR	32:17	961	0:46:45	1000	0:15:32	1000	0:55:58	1000	ORG	1000	1:01:29	1000	0:44:38	954	5000
2	Anne Heikoop	H50	HOC '93	31:02	1000	0:47:21	987	ORG	992	0:57:10	979	43:57:00	1000			0:53:50	791	4958
3	Klaas de Jong	H55	HOC '93	37:44	822					1:02:11	900	54:45:00	803	1:06:52	919	0:49:44	856	4301
4	Simon Nijenhuis	H50	Minor	48:49	636			0:22:27	692	1:05:56	849	51:03:00	861	1:20:20	765	DSQ	50	3803
5	Wim Koolhoven	H50	ARGUS	47:59	647			0:24:23	637	1:19:05	708			1:42:08	602	1:20:53	526	3120
6	Adrie van Opstal	H55	KOVZ					0:18:08	857			50:47:00	865			0:42:35	1000	2722
7	Guus van Boven	H55	UZO	45:12	687					1:28:51	630	75:25:00	583	1:45:45	581			2481
8	Giel Pardoel	H55	KOVZ					dsq	50	1:04:57	862	55:51:00	787			0:58:26	729	2427
9	Dirk Zwikker	H65	ARGUS			1:09:08	676			1:20:27	696			ORG				1372
10	Gerrit Riet, van de															0:47:04	905	905
11	Cas van Zweeden	H50	UZO	38:04	815													815
12	Frank Mensink	H65	MINOR			1:03:42	734	mp	50									784
13	Mart Broeren	H55										56:06:00	783					783
14	Bert Molenaar	H50	HOC '93					0:27:52	557	mp	50	mp	50			MP	50	707
15	Harry van Lierop	H50	Minor	47:31	653													653
16	Dirk Zwikker	H65	ARGUS	47:33	653													653
17	Evert Koning															1:21:37	522	522

18 Kor Kist												1:23:35	509	509
19 Robert Hulst, van de												2:01:22	351	351
20 Mike in 't Groen	H65	KOVZ				mp	50							50

#### Heren Veteranen C (H60/65)

1 Karst Mooij	H60	ARGUS	24:44	1000			ORG	1000	0:45:55	1000	40:00:00	1000	0:51:03	1000	0:42:43	965	5000
2 Frank Mensink	H65	Minor							0:48:45	942	44:56:00	890	1:02:16	820	0:49:00	841	3493
3 Hans Kuijken	H60	Minor	27:23	903									1:10:19	726	0:59:02	698	2327
4 Mike in 't Groen	H65	KOVZ			0:45:34	1000									0:41:13	1000	2000
5 Peter Pince vd Aa	H60										61:14:00	653	1:33:31	546	0:52:53	779	1979
6 Roland Siezen	H65	ARGUS	32:31	761							61:30:00	650	1:30:33	564			1975
7 Ton Roos	H65	HOC '93	25:15	980							63:32:00	630					1609
8 Dirk Zwikker	H65										48:15:00	829	ORG		0:55:14	746	1575
9 Ton de Vaan	H60	UZO					0:26:28	1000									1000
10 Alfred Newerla	H60												1:07:02	762			762

#### Heren Veteranen D (H70/75)

1 Frans Vos	H75	ARGUS	38:12	1000	1:03:54	1000	mp	50	1:05:23	1000	58:12:00	1000	1:02:26	1000	1:00:42	1000	5000
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NC2 - NK Middle    NC3 - KOVZ    NC4 - NK Sprint    NC1 - UZO    NC5 - MINOR    NC6 - NK lang    NC5 - HOC93    EINDstand

#### Meisjes Pupillen (D-10/-12)

Naomi van Opstal	D-10	KOVZ																3000
Anne van de Biggelaar	D-12	HOC '93	22:56	1000											0:50:10	1000		2000
Nelly Kurt	D-12	KOVZ													0:59:54	755		755
Marit Heimens	D-10	ARGUS	51:47	443														443
Eva van der Hulst	D-12	MINOR													mp	50		50

#### Meisjes Aspiranten (D-14)

Esmay Bosman	D-14	HOC'93	21:13	1000					0:34:07	1000								2000
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#### Dames Senioren (D20/21)

1 Geke Bakker	D21	HOC '93	41:50	1000	1:14:10	1000	0:20:45	1000	1:29:54	879			1:13:01	1000				4879
2 Lina Bulovaite	D35	Olifant					0:22:51	908	1:27:22	905	1:16:03	1000	1:34:10	775				3588
3 Virpi Komulainen	D21	Olifant							1:39:17	796	1:23:53	907	1:34:03	776	2:01:43	812		3291
4 Eva van Boven	D21	UZO	46:32	899					1:19:02	1000	1:20:02	950						2849
5 Petra Kostalova	D21	Olifant									1:17:33	981	1:20:17	909	2:15:51	728		2618
6 Lieke v Opstal	D21	KOVZ									1:31:40	830	1:53:00	646	1:38:50	1000		2476
7 Willeke Mooij	D21	ARGUS	61:31	680							1:37:48	778	2:17:16	532				1990

8 Dunja van Riet	D40	<i>Olifant</i>	<b>ORG</b>		1:14:37	994		1:34:19	838				1832
9 Olga Zwikker	D21	<i>ARGUS</i>		57:20	730		0:25:59	799					1528
10 Anne van Zweeden	D21	<i>UZO</i>		44:41	936								936
11 Sadie Hubert	D21	<i>ARGUS</i>					0:23:58	866					866
12 Gonne Golliard	D40									1:58:24	617		617
13 Ursula Sikkens	D40									not classil	50		50

#### Dames Veteranen A (D35/40/45)

1 Larissa Rand	D35	<i>Olifant</i>		44:47	1000	1:01:10	1000	0:24:33	907	1:15:09	1000	0:58:21	921	1:24:20	887	1:06:06	766	4828
2 Dunja van Riet	D40	<i>Olifant</i>	<b>ORG</b>									0:53:45	1000	1:14:50	1000	0:50:36	1000	3000
3 Masja van de Ven	D45	<i>KOVZ</i>						mp	50	1:28:03	853	1:25:04	632	1:45:46	708	1:14:23	680	2923
4 Brigitta Verbeek	D45	<i>Minor</i>						0:24:35	906			1:04:29	834			1:15:26	671	2410
5 Kristine Mourits	D35	<i>ARGUS</i>						0:22:16	1000			1:12:03	746					1746
6 Jacqueline van Zweeden	D45	<i>UZO</i>		56:17	796							1:23:52	641					1437
7 Dorine de Vries	D45	<i>Minor</i>		61:52	724			0:34:56	637									1361
8 Györgyi Corbet	D45	<i>ARGUS</i>										1:00:14	892					892
9 Liesbeth Hillebrand	D45	<i>HOC'93</i>						0:25:42	866									866
10 Monica Roeling	D55	<i>KOVZ</i>						0:30:46	724									724
11 Bodil Marcussen																1:11:35	707	707
12 Martine Hoeksema	D40											2:10:48	572					572
13 Hillegonde de Niet														MP		50		50

#### Dames Veteranen B (D50/55)

1 Joke Molenaar	D50	<i>HOC '93</i>		27:11	1000			0:18:58	1000	1:00:13	1000	51:58:00	982	1:03:28	1000	0:47:57	1000	5000
2 Christa Zwikker	D60	<i>ARGUS</i>		29:22	926	0:55:14	1000			1:08:00	886	74:36:00	684	<b>ORG</b>	902	1:00:04	798	4512
3 Monica Roeling	D55	<i>KOVZ</i>				1:10:00	789					51:03:00	1000			0:52:50	908	2697
4 Dicky Mooij	D60	<i>ARGUS</i>		41:22	657			mp	50			73:44:00	692			1:19:31	603	2003
5 Hermine Benschop-Durieux	D55	<i>MINOR</i>								1:36:36	623	87:41:00	582					1206
6 Claudia Rijnvis	D55													1:07:17	943			943
7 Hedwig de Jong	D50	<i>HOC '93</i>						0:23:52	795									795

#### Dames Vetranen C (D60/D65)

Dicky Mooij	D60											1:30:01	1000					1000
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